

REQUIREMENT

To qualify for the Advanced Child Development Course, you must have taken either the *Concepts Course* or the *18-Hour Course plus Supervision: Play Therapy in a Family Therapy Context*. Both courses are highly recommended. If you have not completed this requirement, you must attend the following course:

The 18-Hour Course will be offered from **Monday, June 21** to **Thursday, June 24, 2010** at the Family & Play Therapy Center.



ONLINE INFORMATION

Find this brochure and our universal registration form on our web site, along with other brochures and a map and directions to the center.
www.fptcenter.com

Original art by Gerard Klein

Some comments from past participants:

The most helpful thing I have gained from this class is that I now feel grounded in a system of play therapy that I believe in and now understand why and how it is effective. -S.W.

I have found the wealth of information life and professionally altering. Being a witness to the moms and babies group was wonderful. Watching the growth was far more valuable than simply talking about it. Supervision provided a place to learn, integrate, and support each other. I looked forward to those afternoons. [...] I was able to look at my work with compassion. -S.C.



All of the classes were helpful. I am able to integrate class material into my working as a play therapist and apply some to my personal life when needed. -B.T.

Dottie's class has been one of the best educational and professional experiences that I have had. It renewed my enthusiasm as a clinician. It broadened my knowledge base and heightened my level of competency in providing therapy to children and families. I have become a better professional and individual as a result of this class. -L.W.

The supervision has been fantastic [...] and feedback on my cases has been invaluable. [...] The training has totally changed my work with children and adolescents. I feel much more comfortable, and I feel like I am learning very useful and meaningful tools for working with young people. -R.A.

This class offered a wonderful, holistic approach. A remarkable balance of theory, guest speakers, readings, and observation of mothers and babies. It stimulated and provided both professional and personal growth in a profound way. -P.S.

I loved this course for its intellectual challenges, Dottie's guidance and wisdom, and the wonderful, supportive peers in the class. -S.M.

This class has had a wonderful impact on my professional work. A wealth of material is offered, rich in theory and practice. I leave each class excited and energized about working with children and families. -D.B.

Dottie Higgins Klein, LMFT, RPT-S, received her Master of Family Therapy from Hahnemann University. She is a supervisor for the American Association of Marriage and Family Therapy (AAMFT) and a registered play therapist supervisor for the Association for Play Therapy (APT). Dottie has spent the last 25 years combining the fields of play therapy and family therapy. The best of both fields is combined in Play-Family Therapy, the theory that Dottie has developed. The family therapy aspect gives attention to each family member and his or her extended world. The play therapy aspect allows a particular child to address his or her needs, symptoms, or problems in individual sessions. Play-Family Therapy is respectful of the legitimate concerns that family therapists have about children being asked to speak about their family members without a parent or guardian present. Such issues are addressed in a family setting. The play therapy for a child from age three to eleven engages the child's imagination in play. The preferred mode is client-centered play therapy. This allows the child to tap into his or her own intuitive healing powers, similar to the value of meditation. Therapists who have been trained primarily in play therapy are encouraged to involve the family more in the process and are exposed to more of the skills of a family therapist. Other modalities of play therapy, including Filial, Greenspan Floortime, and methods for children with ADHD & PDD are also taught.

The Advanced Child Development Course assumes that it is important for the therapist to understand the typical developmental expectations of a child during the first six years of life. Issues and symptoms that arise at a later age can often be helped more effectively when the significance of the problems encountered in earlier years are understood.

Sandtray Therapy, an optional adjunct method for teenagers and adults, offers a powerful way of communicating, which therapists have found to be deeply meaningful. The training at the Family & Play Therapy Center offers four levels of Sandtray Training, with classes for each level held one morning a month. The Advanced Child Development Course offers an introduction to these skills. See www.fptcenter.com for more information, including participant feedback.

The Family & Play Therapy Center, Inc., is approved by the Association for Play Therapy to offer continuing education specific to play therapy. Our provider number is 96-030. The Family & Play Therapy Center, Inc., maintains responsibility for the program.

Dottie Higgins Klein, LMFT, RPT-S,

Director of the Family & Play Therapy Center, Inc.

Phone or Fax: (215) 844-4321, ext. 3

OK to call any time: day, evening, weekends.

Voice mail will take your call if Dottie is not available.

Office Manager: (215) 844-4321, ext. 1

Call directly 9:30 AM to 4:30 PM, Monday through Friday

Visit our Web Site: www.fptcenter.com

Information about and directions to the Center

Referral Network and Play-Family Therapy Training in Phila.

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Advanced Child Development Course

with a Component in Play-Family Therapy

A 2-YEAR SEMINAR: EVERY OTHER FRIDAY



YEAR B: Sept. 2010–May 2011

YEAR A: Sept. 2011–May 2012

Years A & B may be taken in either order.

17 weeks per year, every other
Friday morning, 8:45 AM–12:00 PM
Supervision Group (10 sessions):
12:20 PM–2:10 PM
Offered for the 6th time

CONTINUING EDUCATION

PA State Board of Social Workers, Marriage & Family Therapists, & Professional Counselors

51 CEs Per Year
Pending & Expected

Association for Play Therapy (APT)

66 hours count toward the 150 hours of play therapy education required by the APT to become a Registered Play Therapist (RPT) or Registered Play Therapist Supervisor (RPT-S)

10 group supervision sessions with an RPT-S are included in the course fee and count toward requirements to become an RPT or RPT-S

This seminar emphasizes the emotional growth and development of children from birth through teenage years, with the primary focus on prevention and treatment of problems. The format of the class is didactic with discussion of readings, and many of the classes include a segment of practical application to play therapy in a family therapy context. This balance of theory and application includes videotapes of actual sessions, sandtray pictures and stories, art work, and vignettes appropriate to the didactic information. This child development framework will always be filtered through the eyes of a family/play therapist.

Primary attention is given to normal child development, particularly the work of Margaret Mahler. Mahler is well known for her twenty years of research on ages Birth to Three and the formulation of the stages of Separation and Individuation. Four times each year, we have visits from infants and toddlers and their parents for one and a half of the three hours. This allows therapists to observe and better understand Mahler's Stages of Development. The class teaches the connection between the stages of development of the first three years of life and symptoms that children exhibit when they come to play therapy at an older age. This information helps to inform the treatment decisions of the family and the play therapy, such as the relationship of rapprochement to the child's splitting behaviors.

LOCATION

The Advanced Child Development Seminar meets every other Friday from September to May at the Family & Play Therapy Center, 6811 Quincy Street in Mt. Airy (2 blocks from Lincoln Drive). Free parking is available.

YEAR A: Sept. 2011–May 2012

The following issues will be included in the course:

Margaret Mahler's Separation/ Individuation Theory (Birth to Age 3) & Attachment Disorder
 Family structures and cultural influences
 Mother/infant and father/infant relationships, as well as reverberating family dynamics and the three-generational family, the parentified child and attachment theory
 Understanding children's anxieties and fears, including symptoms of depression, and eating and sleeping problems, with children in Client-centered Play-Family Therapy
 Children with Obsessive-Compulsive habits in Play-Family Therapy
 Developmental Play Therapy with children diagnosed with PDD/Autism Spectrum (including Stanley Greenspan's 'Floortime')
 Recognizing children with Sensory Integration needs, and the use of Sensory Integration Awareness in Play-Family Therapy
 Client-centered Play Therapy with children who have witnessed violence
 The development of aggression & Play-Family Therapy
 Discussion of Ethics and Play-Family Therapy
 Client-centered Play-Family Therapy with children experiencing traumas of ordinary life
 Children of parents with Alcohol and Drug Abuse
 Contextual Family Therapy for the Play-Family Therapist

There is required reading between classes from the books on the bibliography list, as well as extensive handouts. Many handouts are discussed in the seminar. The outside reading is essential to grasp the material of the course and requires a time commitment of one to two hours every two weeks. Participants who plan to take the course may want to begin the required reading in advance.

Dottie will teach most of the classes, which are a synthesis of readings and her experiences as a clinician in a diverse, multi-ethnic private practice

YEAR B: Sept. 2010–May 2011

The following issues will be included in the course:

Review of Margaret Mahler's Separation/ Individuation Theory (Birth to Age 3)
 Language and Metaphor of Play-Family Therapy
 Client-centered Play-Family Therapy with Latency Age Children
 Sexual development: birth to adolescence
 Sexual abuse trauma
 Play-Family Therapy with Stepfamilies
 Children in families of divorce
 Play-Family Therapy with children experiencing death, loss, and medical trauma
 Adolescent issues
 Talking Therapy, Family & Sandplay Therapy
 Sexual identity issues
 Aggression, suicide, violence, and teens
 Sandplay and creative arts
 Play-Family Therapy adapted for children with ADD and ADHD
 Use of Sandplay adapted for children with learning problems
 Continuation of mother/infant toddler observation groups and Mahler theory

over the past 20 years. Though it includes some research, the emphasis is on practical application. Class size is limited.

A certificate of attendance (suitable for framing) with a maximum of 102 hours will be given to each participant at the end of the course.

Required Reading:

(1) *Oneness and Separateness*, by Louise Kaplan; (2) *The Psychological Birth of the Human Infant*, by Margaret Mahler; (3) *The Explosive Child*, by Ross Greene; and (4) *Cultural Issues in Play Therapy*, edited by Eliana Gil and Athena Drewes.

TIME

Every other Friday morning, 8:45 AM–Noon. Group supervision is offered five times each year, just after class, 12:20 PM–2:10 PM.

ANNUAL FEE INFORMATION

Please use our Universal Registration Form to register for this course.

Regular Payment Schedule		Monthly Option	
Deposit Due w/ Reg.	200.00	Deposit Due w/ Reg.	200.00
Due Sept. 1	350.00	10 Monthly Payments	142.00
Due Nov. 1	350.00	(Sept. 1–June 1)	
Due Jan. 1	350.00		
Due Mar. 1	350.00		

Annual fees described above include 51 classroom hours and five 2-hour supervision groups. (Supervision valued at \$700!)

Other Payment Options: We are happy to arrange an individualized payment schedule for you. Please call the office for more information.

We accept Visa and MasterCard.

Course Withdrawal Policy:

- (a) If registrant withdraws earlier than four weeks prior to the first day of a course, then registrant will receive a full refund of the paid deposit, minus a \$25 withdrawal fee.
- (b) If registrant withdraws within four weeks before the first day of a course (but earlier than three days prior to the first day), then registrant will receive a full credit in the amount of the paid deposit to be applied to future courses, minus a \$25 withdrawal fee.
- (c) If registrant withdraws within three days before the first day of a course, then registrant accepts liability for withdrawal and deposit.

SUPERVISION

There is a lot of information presented in each session. The integration of new ideas is greatly enhanced through group supervision. Supervision allows for the synthesis of the class material into the therapists' unique settings, such as clinics, managed care, foster care, and diverse private practice settings. There is not sufficient time during class to answer all of these questions. The supervision hours count toward the group supervision hours required by the Association for Play Therapy. Supervisees may be matched for professional credentialing, such as AAMFT, Ph.D., and L.S.W. affiliation, as available. Individual supervision is available for an additional fee.