

PREREQUISITE

To qualify for the *Advanced Child Development Course*, you must have taken either the *Concepts Course* or the *18-Hour Course plus Supervision: Play Therapy in a Family Therapy Context*. Both courses are highly recommended. If you have not completed this requirement, you must attend the following course:

The 18-Hour Course plus Supervision will be offered from Tuesday, June 26 to Friday, June 29, 2012 at the Family & Play Therapy Center.



ONLINE INFORMATION

Visit our website for brochures on all of our courses, events, and certificate programs!

www.fptcenter.com

Original drawings by Gerard Klein

Some comments from past participants:

The most helpful thing I have gained from this class is that I now feel grounded in a system of play therapy that I believe in and now understand why and how it is effective. —S.W.

I have found the wealth of information life and professionally altering. Being a witness to the moms and babies in group was wonderful. Watching the growth was far more valuable than simply talking about it. Supervision provided a place to learn, integrate, and support each other. I looked forward to those afternoons. [...] I was able to look at my work with compassion. —S.C.



All of the classes were helpful. I am able to integrate class material into my working as a play therapist and apply some to my personal life when needed. —B.T.

Dottie's class has been one of the best educational and professional experiences that I have had. It renewed my enthusiasm as a clinician. It broadened my knowledge base and heightened my level of competency in providing therapy to children and families. I have become a better professional and individual as a result of this class. —L.W.

The supervision has been fantastic [...] and feedback on my cases has been invaluable. [...] The training has totally changed my work with children and adolescents. I feel much more comfortable, and I feel like I am learning very useful and meaningful tools for working with young people. —R.A.

This class offered a wonderful, holistic approach. A remarkable balance of theory, guest speakers, readings, and observation of mothers and babies. It stimulated and provided both professional and personal growth in a profound way. —P.S.

I loved this course for its intellectual challenges, Dottie's guidance and wisdom, and the wonderful, supportive peers in the class. —S.M.

This class has had a wonderful impact on my professional work. A wealth of material is offered, rich in theory and practice. I leave each class excited and energized about working with children and families. —D.B.

Dottie Higgins Klein, LMFT, RPT-S, AAMFT-S received her Master of Family Therapy degree from Hahnemann University. She is a supervisor for the American Association of Marriage and Family Therapy (AAMFT) and a registered play therapist supervisor for the Association for Play Therapy (APT). Dottie has spent the last 30 years combining the fields of play therapy and family therapy. The best of both fields is combined in Mindfulness Based Play-Family Therapy, the theory that Dottie has developed. The family therapy aspect gives attention to each family member and his or her extended world. The play therapy aspect allows a particular child to address his or her needs, symptoms, or problems in individual sessions. Mindfulness Based Play-Family Therapy is respectful of the legitimate concerns that family therapists have about children being asked to speak about their family members without a parent or guardian present. Such issues are addressed in a family setting. The play therapy for a child from age three to eleven engages the child's imagination in play. The preferred mode is a spontaneous approach. This allows the child to tap into his or her own intuitive healing powers, similar to the value of meditation. Therapists who have been trained primarily in play therapy are encouraged to involve the family more in the process and are exposed to more of the skills of a family therapist. The use of other structured modalities is introduced.

The *Advanced Child Development Course* assumes that it is important for the therapist to understand the typical developmental expectations of a child during the first three years of life. Issues and symptoms that arise at a later age can often be helped more effectively when the significance of the problems encountered in earlier years are understood.

**Family & Play Therapy Center
6811 Quincy St.
Philadelphia, PA 19119**

**Tel: 215-844-4321
Fax: 215-844-8877**

www.fptcenter.com

The Family & Play Therapy Center is approved by the Association for Play Therapy to offer continuing education specific to play therapy. Our provider number is 96-030. The Family & Play Therapy Center maintains responsibility for the program.

Advanced Child Development Course

with a Component in Mindfulness Based Play-Family Therapy

A Two-Year Course



**ONSITE in Philadelphia and
ONLINE from anywhere in the world!**

Year B: Sept. 2012–May 2013

Year A: Sept. 2013–May 2014

Years A & B may be taken in either order.

**17 weeks per year,
every other Friday morning,
9:15 AM–12:30 PM ET**

**Supervision Group (10 sessions):
12:50 PM–2:40 PM**

Offered for the 7th time

CONTINUING EDUCATION

**Credits available for Social Workers,
LMFT, LPC, APA, APT, ANCC, Act 48,
and most master's-level credentials!**

See the chart inside for details!

This seminar emphasizes the emotional growth and development of children from birth to twelve years of age, with the primary focus on prevention and treatment of problems. The format of the class is didactic with discussion of readings, and many of the classes include a segment of practical application to Mindfulness Based Play-Family Therapy. This balance of theory and application includes videotapes of actual sessions, sandtray pictures and stories, art work, and vignettes appropriate to the didactic information. This child development framework is filtered through the eyes of a family/play therapist. *Each class has a theory component and an experiential component.*



Primary attention is given to normal child development, particularly the work of Margaret Mahler. Mahler is well known for her twenty years of research on ages Birth to Three and the formulation of the stages of Separation and Individuation. Four times each year, we have visits from infants and toddlers and their parents for one of the three hours. This allows therapists to observe and better understand Mahler's Stages of Development. The class teaches the connection between the stages of development of the first three years of life and symptoms that children exhibit when they come to play therapy at an older age. This information helps to inform the treatment decisions of the family and the play therapy, such as the relationship of rapprochement to the child's oppositional behaviors.

LOCATION

ONSITE: Family & Play Therapy Center in the West Mt. Airy neighborhood of Philadelphia (2 blocks from Lincoln Drive). Free parking is available.

ONLINE: *Anywhere in the world!*

Year A: Sept. 2013–May 2014

The course curriculum includes the following content:

- Margaret Mahler's Separation/Individuation Theory: Birth to Three years — includes 4 observations of parents and toddlers and how an understanding of the early years informs the approach in working with children who come to play therapy at an older age
- Taking and how to use a Developmental History for Assessment and how to explain treatment to parents
- Attachment Problems and Dissociative Disorder
- Family Structures and Cultural Influence
- Play Therapy with children under 3 (a sample)
- Three Four & Five Year olds in Play-Family Therapy
- Mindfulness Based Play-Family Therapy: children's fears/ anxieties/ depression/eating/sleeping issues/ obsessive compulsive habits/ children who have witnessed violence
- Identifying children with Sensory Integration issues
- Play-Family Therapy: children with aggression and oppositional behaviors; traumas of ordinary life; children w. parents drug/alcohol abuse
- Ethics and Play Therapy
- 12 Components of Contextual Family Therapy for the Play-Family Therapist
- Using genograms for assessment & formulating a compassionate narrative
- Interpersonal Neurobiology

Year B: Sept. 2012–May 2013

The course curriculum includes the following content:

- Continuation of Margaret Mahler's Separation/Individuation Theory
- Birth-3 years including 4 observations of infants/toddlers and parents and how early years inform how to work with children who come to play therapy at an older age
- Language & Metaphors of Mindfulness Based Play-Family Therapy (experiential)
- Racism & Ethnicity - multicultural competence
- MB Play-Family Therapy with Latency aged children (video)
- MB Play-Family Therapy with Sexual Abuse Trauma (sandtray)
- Sexual Development – Birth to pre-adolescence
- MB Play-Family Therapy with Children of Divorce
- MB Play-Family Therapy with Step-families
- MB Play-Family Therapy with children Experiencing Death, loss and medical trauma
- Play-Family Therapy for Children with Developmental Delays and ADHD incl. Use of sandtray adapted for children with learning problems. (video demo)
- Parent Child Therapist Interaction sessions "Talk Time" prior to each play session
- Mindful Parent Meetings – helps parent see their side of the problems
- Closure in Mindfulness Based Play-Family Therapy (A child's final session)

SUPERVISION

Annual tuition described in the chart to the left includes 51 classroom hours and five 2-hour supervision groups, which is available to online participants through a two-way videoconferencing system. (Supervision valued at \$700!) There is a lot of information presented in each session. The integration of new ideas is greatly enhanced through group supervision. Supervision allows for the synthesis of the class material into the therapists' unique settings, such as clinics, managed care, foster care, and diverse private practice settings. There is not sufficient time during class to answer all of these questions. The supervision hours count toward the group supervision hours required by the Association for Play Therapy. Supervisees may be matched for professional credentialing, such as AAMFT, PhD, and LSW, LMFT, LPC affiliation, as available. Individual supervision is available for an additional fee.



REQUIRED READING

There is required reading between classes from the books on the bibliography list, as well as extensive handouts. Many handouts are discussed in the seminar. The outside reading is essential to grasp the material of the course and requires a time commitment of two hours every two weeks. Participants who plan to take the course may want to begin the required reading in advance.

Dottie teaches most of the classes, which are a synthesis of readings and her experiences as a clinician in a diverse, multi-ethnic private practice over the past 30 years. Classes are also taught by senior therapists that specialize in relevant areas. They receive excellent evaluations! Although it includes some research, the emphasis is on practical application.

A certificate of attendance (suitable for framing) with a maximum of 102 hours will be given to each participant at the end of the course.

Year A: *Oneness and Separateness*, by Louise Kaplan
 Year B: *The Psychological Birth of the Human Infant*, by Margaret Mahler

An extensive required and recommended reading list is available on request.

Sept. 2012–May 2013: Advanced Child Development Course

Class Schedule — 2011: TBA — 2012: TBA

ANNUAL TUITION	Deposit Due w/ Reg.	200.00	CREDIT HOURS AVAILABLE (for 2-year course)	PA Social Work Board for LSW, LMFT, & LPC*	102 hr.	
	Due 09/01/12	280.00		Association for Play Therapy** -- <i>Play Therapy Specific</i>	68 hr.	
	Due 11/01/12	280.00		Mental Health Hours	34 hr.	
	Due 01/01/13	280.00		Certification renewal for the American Nurses Credentialing Center	102 hr.	
	Due 03/01/13	280.00				
	Due 05/01/13	280.00				
	TOTAL	\$1,600.00				
<i>Other payment arrangements are available. Please call for more information.</i>						
DISCOUNTS	Early Reg. Disc.*** (Reg. by 06/30): \$100 discount					
	Full-Time Student: 10% discount					
Full-Time Parent: 10% discount						
Retirement Discount: 10% discount						
iLOC Online Group Discounts						
	Number of Participants	2	4	6	8	10
	Discount	10%	20%	30%	40%	50%

* PA Social Work Board CEs may transfer to other states. Check with your state social work board. No fee for PA SW CEs.
 ** We are an approved provider for the Association for Play Therapy (#96-030). The Play Therapy Specific hours for this course are listed above. Those joining us through our Interactive Live Online Classroom (iLOC) receive APT contact hours.
 *** Early Reg. Disc. applies only to participant's first year; second year is considered continuation of course. Early Registration Discount is deducted from the final payment of participant's first year.

Course Withdrawal & Payment Policies:

- If participant withdraws earlier than four weeks prior to the first day of a course, then participant will receive a full refund of the paid deposit, minus a \$25 withdrawal fee.
- If participant withdraws within four weeks before the first day of a course (but earlier than one week prior to the first day), then participant will receive a full credit in the amount of the paid deposit to be applied to future courses and seminars at the center, minus a \$25 withdrawal fee.
- If participant withdraws within one week before the first day of a course, then the deposit is forfeited.
- Following the first day of a course, all payments are due as scheduled, and participant is responsible for payment of entire course tuition. Tuition is not reduced on account of missed class days.
- A 1% late fee for past-due balances will be assessed at the end of each month, based on the amount past due on the last day of the month.

To register, please call us at 215-844-4321 ext. 1.

We accept payment by Visa, MasterCard, Discover, & American Express, as well as by check.