



Advanced Seminar Series Saturdays in Spring 2003 for Family & Play Therapists

Seminars Dates: April 12 & June 7, 2003
Seminars are held on Saturdays, 8:45 AM to 4:30 PM

Family & Play Therapy Center, Inc.
6811 Quincy Street
West Mt. Airy
Philadelphia, PA 19119
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The Sandplay Therapists of America newsletter (Volume VII, number 2, Fall/Winter 2002), reports on their recent conference that was held in Santa Fe: "Of particular interest was the relationship of sandplay to the current brain research, presented by Harriet Friedman and Rie Rogers Mitchell. Research indicates that non-verbal treatment modalities are the treatment of choice in healing trauma. Sandplay has been cited as one of the necessary treatment modalities along with art therapy and EMDR."

SEMINAR #1 Saturday, April 12, 2003 — 8:45 AM to 4:30 PM

VARIATIONS ON SANDPLAY Through Slides, Video, and Demonstration

Sandplay is a therapeutic tool that facilitates growth and healing and can be incorporated into therapists' reservoir of interventions. It serves as a beneficial adjunct to professionals because it can be used with a broad variety of clients and allows for nonverbal, creative, and non-intellectual intra- and inter-communication.

This workshop is geared toward therapists who are already somewhat experienced in sandplay. Therefore, the rudiments of sandplay will not be covered. There will, however, be a brief overview of

some of the salient theoretical and practical aspects of sandplay, with emphasis on the differences between adult and child sandplay. (Experienced therapists and those new to sandplay are welcome to attend.)

Participants will observe different sandplay interventions with a variety of clients through video and demonstration. The videos, entitled "Spontaneous Sandplay with a Child" and "Subpersonality Sandplay Session with a Couple," will convey how both spontaneous and directed sessions are conducted. A live demonstration in which the

presenter works with a family will demonstrate how sandplay can be used with families. Open discussions will follow each of the components. (The family may be an actual or a simulated family.)

Presenter: Barbara Labovitz Boik, MA, MEd, is a psychotherapist in private practice in Bozeman, MT. She earned her MEd in counseling at Temple University in Philadelphia and her MA in psychology at Pepperdine University in California. She is a Licensed Psychologist in PA, a Licensed Clinical

Professional Counselor in MT, and a Nationally Certified Counselor. Barbara is co-author of *Sandplay Therapy: A Step-by-Step Manual for Psychotherapists of Diverse Orientations*. She has conducted workshops and seminars nationally on such topics as sandplay therapy, play therapy, therapeutic storytelling and writing, parenting, and anger management. We use Barbara's book for our Level III class in sandplay at the Family & Play Therapy Center and have found it to be an excellent resource for creative ways of working with diverse populations.

Important Information

All 13 hours count toward becoming a Registered Play Therapist. Seminar costs include morning muffins, fruit, and tea, a vegetarian lunch, handouts, and a certificate of attendance. A regularly updated message will be available on our phone system. The message will include information about whether space is still available in the seminars. To check the message, call 215-844-4321; at the first menu, press 4; at the next menu, press 2. A \$30 discount will be given for those who register for both seminars, if postmarked by March 29. Books on sandplay and other topics will be available in our bookstore. Sandplay miniatures will also be available for purchase.

Smaller afternoon groups are limited in size. Please note two choices and note the preference number for your afternoon Seminar. Choices will be filled in the order registration is received. Note the \$30 discount offered.

Find this brochure and brochures for our other programs, as well as maps and directions, on our web site:
www.fptcenter.com

The Family & Play Center, Inc., is approved by the Association for Play Therapy to offer continuing education specific to play therapy. Our provider number is 96-030. The Family & Play Therapy Center, Inc., maintains responsibility for the program.

ADVANCED SEMINAR REGISTRATION FORM ~ Spring 2003

Name: _____
Address: _____

Phone: (h) _____ (w) _____

COMPLETE BOTH SIDES OF FORM

FOR OFFICE USE ONLY
\$ rec'd: _____ check #: _____ date rec'd: _____ recorded: _____

Make checks payable to Family and Play Therapy Center, Inc.
Send to 6811 Quincy Street, Philadelphia, PA 19119.

SEMINAR #2

Saturday, June 7, 2003 — 8:45 AM to 4:30 PM

Morning Seminar (8:45 AM to 12:30 PM)

Weaving Sandtray Therapy with Contextual Family Therapy

In the most recent International Journal of Play Therapy (Volume 11, Number 2) data collected on over 800 members, 'family issues' were reported as the most frequent problem area for play therapists. A consideration shared by respondents was the desire to obtain additional skill development. The Sandtray/Contextual Seminar has the goal of offering concrete, highly effective methods for skill development in working with challenging family issues. Sandtray needs to be experienced to gain the full impact of this enjoyable modality.

This Seminar will define several Contextual Family Therapy concepts and demonstrate practical methods to work with teens and older children using Contextual concepts with Sandtray Theory. Contextual Concepts included are: Loyalty, Split Loyalty, the Use of Acknowledgment, Entitlement and Destructive Entitlement, and Multi-Directed Partiality. These concepts offer families the potential for deep healing of the pain that inevitably arises in relationship.

Contextual Family Therapy (CFT) was developed by Ivan Boszormenyi-Nagy. It

concerns itself with the impact of family generations upon each other. CFT is trust-based, not power-based; it is resource-driven, rather than pathology-driven. It is an especially effective family therapy theory for treating entrenched family problems.

This Seminar will use primarily experiential exercises to integrate the methods with the theory. The first 20 registrants who check that they want a participating role will be able to have a 'hands-on' experience which is the best way to learn to apply Sandtray Theory.

Presenter: Dottie Higgins Klein, LMFT, RPT-S, graduated from Hahnemann University and has spent 20 years combining the two fields of Family & Play Therapy. Dottie is a licensed marriage and family therapist, an approved supervisor for the AAMFT, and a registered play therapist supervisor for the APT. She offers monthly, three-hour classes in Sandtray Training for psychotherapists from September to June. She has incorporated Contextual Therapy into her practice and life for twenty-five years and presently teaches a class in Contextual Family Therapy and Play-Family Therapy.

Afternoon Seminars (1:30 PM to 4:30 PM) — Choose One

A Contextual Issues & Play Therapy: *Working with Children Who Have Witnessed Violence*

Theoretical information and applications regarding children and families who have been traumatized by violence will be presented with a focus on trauma and the Contextual issues of Split Loyalty and Destructive Entitlement. Topics will include trauma related to child abuse, domestic violence, and homicide. We will do one experiential exercise.

Presenter: Mary Beth Hays, LSW, is a graduate of the U of PA School of Social Work. She is currently Senior Child Specialist for the Anti-Violence Partnership of Philadelphia (AVP). She is also a psychiatric clinician for the Health Annex, a community based clinic of U of PA School of Nursing. Mary Beth is awaiting her credential as a Registered Play Therapist Supervisor.

B Death of the Parent of a Four-Year-Old Boy: *Play Therapy & Contextual Family Therapy Issues*

This case presentation includes Contextual issues of Multilateral Partiality, Split Loyalty, and Entitlement/Destructive Entitlement. A young child whose mother died when he was 2 1/2 was helped to deal with issues of loss and the fact of his adoption through the use of Play therapy and Sandtray. The child and his grandmother were initially referred to address the child's anger problem. Overheads

and photos will illustrate the play and sandtray productions. The workshop will also have an experiential sandtray component.

Presenter: Estelle Price, MS, RPT-S, is a licensed clinical psychologist in private practice. She is a registered play therapist supervisor and has studied Contextual Therapy and has done extensive training at the FPT Center.

C Using Play Therapy, Art Therapy, and Contextual Family Therapy with a Family with Chronic Trauma

This seminar focuses on a family with multidimensional, chronic problems. It will demonstrate the strength of using play therapy, sandplay and art therapy, and the Contextual issues of Parentification, Multi-directed partiality, and Loyalty conflicts. The presentation will include a pre- and post-screening instrument and an experiential component using an art therapy family assessment tool.

Presenter: Kathleen Mc Govern MA, LPC, ATR, is a Licensed Counselor in private practice in New Jersey. She received a Master in Art Therapy from Hahnemann University and is a Registered Art Therapist. She has been training in Play Therapy for many years at the Family & Play Therapy Center.

D Sandtray Therapy With Adolescents and Adults

Building on the Contextual Concepts discussed in the morning class, this seminar will focus concretely on methods of Sandtray Therapy to use with teenagers and their parents and with couples. Contextual theory will be woven with experiential exercises of an actual family (or it may be simulated through role-play) in order to give the clinician experiences of how deeply powerful the sand modality can be. Therapists who train here in Sandtray report

that they have much more positive experiences using this modality than they could have imagined, especially with adolescents! This seminar offers an opportunity to experience Sandtray yourself.

Presenter: Dottie Higgins Klein, LMFT, RPT-S (see above)

Variations on Sandplay		
April 12	Barbara Labovitz Boik, MA, MEd To attend this seminar, enter \$165.	\$
Weaving Sandtray Therapy...		
June 7	Dottie Higgins Klein & above therapists To attend this seminar, enter \$130.	\$
Discount: If you are registering for both seminars, post-marked by 03/29/03, enter —\$30.		—\$
Total Amount Due: Compute the total based on the above three lines.		\$
Amount Enclosed: One half of the total is due with your registration. The remaining half for each seminar will be due on the day of the seminar.		\$

If you are registering for the June 7 seminar, please indicate preference of two afternoon seminars by numbering two of the following options:

- A: Contextual Issues and Play Therapy
 B: The Death of a Parent...
 C: Using Play Therapy, Art Therapy...
 D: Sandtray Therapy with Adolescents...

Seminar costs include morning muffins, fruit, and tea, a vegetarian lunch, handouts, and a certificate of attendance.

Check here if you would like to have a hands-on experience in the June 7 morning seminar.