



Advanced Seminar Series Saturdays in Winter/Spring 2005 for Family & Play Therapists

Family & Play Therapy Center

6811 Quincy Street
Philadelphia, PA 19119

Phone/Fax: 215-844-4321
Web: www.fptcenter.com

The Self of the Therapist Through Vibrational Healing with Russill Paul

CEs Available!

Saturday, February 26 — 8:45 AM to 4:30 PM

Methods of mind and body healing are receiving serious attention today in the field of psychotherapy. Therapists are usually attracted to this profession because of their connection to their own intuition. Vibrational Healing offers a way to deepen the therapist's intuition by balancing the inner and outer experience.

Russill Paul says "No matter how exciting our lives may be we feel that something is missing if we don't touch the deeper parts of ourselves. We thus feel compelled to move inward, into the core of our being, to discover the true nature of our soul in the rapidly changing

landscape of thoughts and emotions."

In this seminar therapists are invited to explore the body-mind split which brings anxiety and depression into our lives rather than deep identity of the true self. Pure consciousness, the non-dual reality we all share as our deeper nature, is the destiny of sonic mysticism. This practice facilitates healing and relaxation and can be helpful for a wide variety of symptoms of individuals and families.

"...Any busy person caught up in the frantic pace of the modern world can use the Yoga of Sound (vibrational healing) to relax,

reduce stress, and awaken creative potential in new ways...it can help people overcome addiction, a common result of excessive stress. It helps us harness the energy around and within us that we can use to transform our lives. It maintains the subtler aspects of our being (thoughts, emotions and states of consciousness) and helps keep them free of psychic spiritual toxicity.

This retreat is open to therapists and non therapists alike. Bring a friend with you. "This is an experience that you do not want to miss. Russill Paul is like being with an angel. A week

with him at Omega Institute was one of the best classes that they offer. Listening to his music stirs and heals the inner landscape and participating with a group allows an experience of ecstasy."

Russill Paul is a post-graduate faculty member of Naropa University and the University of Creation Spirituality, both in California. He is the author of *The Yoga of Sound: Healing and Enlightenment Through the Sacred Practice of Mantra*, 2004. His most recent CD, AM and PM Yoga Chants was picked by Amazon.com as one of the ten best new age CD's of 2001.

A Retreat and Shamanic Experience with Victor Sanchez 2-Day Seminar: Friday, April 15 and Saturday, April 16 — 8:45 AM to 4:30 PM

In this practical Seminar, Victor Sanchez who studied anthropology in Mexico and has conducted field research with the Nahua and Wirrarika shares with us the results of living and researching for over 20 years. Through multi media presentation, interactive exercises and storytelling, we explore the difference between shamanism and religion.

Drawing on Victor Sanchez's first book,

The Teachings of Don Carlos: Practical Applications of the Work of Carlos Castaneda, we will explore:

The historical cultural matrix of the Toltecs who had a great interest in the state of inner silence. Ancient wisdom for taming the ego which is our biggest obstacle on the path to silencing the critic voice to enter the world of inner silence.

Exercises which help us to begin to have awareness about our capacity to perceive an infinite number of elements that may be presently escaping our perception. Stopping the internal dialogue as the key to the door between the two worlds.

"It is Victor himself that you want to experience. He is quite grounded on the earth and speaks with noteworthy wisdom. In being

with him one can better understand what it means to walk between two worlds'. He is a sincere, humble and deeply dedicated man." Victor presents at Omega Institute and recently moved from Mexico to New Mexico where he offers week--long training's.

Play Therapy and Traumatology Seminar with Jennifer Baggerly Ring Around the Rosie: Systematic Play Therapy for Traumatized Children

CEs Available!

Saturday, May 14 — 8:45 AM to 4:30 PM

Trauma can have deleterious effects on children. Play Therapists and other mental health professionals must be prepared to mitigate the impact of trauma. In this full day seminar, participants will learn (a) how trauma impacts children, (b) methods of identifying

children's typical versus clinical responses to trauma, (c) a 12 step protocol for systematic, theory-based trauma interventions with children, and (d) a tri-phasic model for play therapy for children who experienced trauma, (e) how to develop a compassion fatigue resiliency play for

working with traumatized children. Videotaped play therapy sessions and experiential exercises will be utilized.

Jennifer Baggerly is Assistant Professor, Counselor Education, University of South Florida, where she supervises Counseling students. She

has written numerous journal publications, several book chapters, and has presented at many National Conferences. She also provides play therapy for children living in a homeless shelter.

Books on play therapy, sandplay, and other topics will be available. Sandplay miniatures will also be available for purchase.

The Family & Play Center, Inc., is approved by the Association for Play Therapy to offer continuing education specific to play therapy. Our provider number is 96-030. The Family & Play Therapy Center, Inc., maintains responsibility for the program.

Please use our *Universal Registration Form* to register!
Please call if you wish to pay by Visa or MasterCard.

Find this brochure and brochures for our other programs, as well as maps and directions, on our web site:
www.fptcenter.com