



Family & Play Therapy Center, Inc.
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The Concepts Course — Summer 2009

History and Techniques of Play Therapy and a Study of Play-Family Therapy™

*See comments from past participants
at www.fptcenter.com !*

Dates: Mon., June 29 to Thurs., July 2, 2009

Time: 9:30 AM—4:00 PM

Fee: \$440 (\$400 w/ reg. by Fri., May 15)

Deposit due with registration: \$150

Instructor: Dottie Higgins Klein, LMFT, RPT-S,
AAMFT Supervisor

CEs Pending & Expected for LSW, LMFT, & LPC (20 hours)

Course Content

(Association for Play Therapy requires a course in History & Techniques)

Day 1

Course includes the theories of many modalities of Play Therapy with a nine page outline that summaries many of the theories. We will view video clips that demonstrate play therapy and other segments in which the play therapists discuss their theories. Included are the works of the pioneers of play therapy as Garry Landreth, Eliana Gil, Byron Norton, Louise Guerney, John Allan, Ann Jernberg, and V. Brody. Therapists will learn the basic concepts of Client-Centered Play Therapy, including Filial Play Therapy, Psychoanalytic Play Therapy, Adlerian Play Therapy, Ecosystemic Play Therapy, Play-Family Therapy, Gestalt Play Therapy, Experiential Play Therapy, Prescriptive Play Therapy, and Theraplay. We will discuss long- and short-term modalities and settings that are most conducive to each kind of play therapy. Settings discussed include private practice, agency, time-limited sessions, school counselors, hospital settings, mobile therapists, etc.

Days 2-4: Mornings

A main emphasis of the Concepts Course is to deepen understanding of Play-Family Therapy, which allows the child time for expression and healing of issues in the play room with the therapist. In addition, parents are quite involved with the process, including some sessions in the room with the child. The Four Segments of an Initial Evaluation of a family seeking therapy and the Six Stages of Client-Centered Play-Family Therapy will be reviewed. We will view some fascinating full video sessions and some segments of a little girl who was adopted from an orphanage in Russia at the age of three and a half. During her Play-Family Therapy experience, the child's family adopted a sibling. Three full length videos will be shown to demonstrate theory and to extract concepts. Through the child's rich, clear, metaphors we witness:

- 1) How her psyche understood her own adoption at the age of four.
- 2) How her younger brother's adoption resurfaced her confusion and initiated her own aggression.
- 3) How her inner psyche resolved the confusion of moving from the orphanage in Russia to full membership with her family and the development of her capacity to give and receive love. Attention will be given to deepening the therapist's understanding of metaphors, which is one of the most challenging skills of play therapy and requires on-going training.

Days 2-4: Afternoons

A variety of topics will be covered including attachment theory, limit setting, and extensive discussion of what Garry Landreth states that therapists have the most difficulty with: limit setting & discipline; termination including premature termination; working with children who are very silent; children who play in such a way as to avoid a therapeutic process; inappropriate behaviors of children in the playroom and how to handle them; questions from participants; sand tray experience of working with an adolescent. The class includes a discussion of how to structure the parent meetings and family therapy meetings when doing play therapy, including translating metaphors to help parents be aware of what is happening in the play. Afternoons include discussion of the required readings.

Dottie developed the Concepts Course based in part on what we are unable to cover in Play-Family Therapy Theory & Practice: 18-Hour Course . The Concepts Course answers many of the questions that were generated in the 18- Hour Course and deepens the therapist's awareness of Play Therapy and Play-Family Therapy. These two courses are designed so that one can take them in either sequence. Taking both courses, in either order, offers a more comprehensive training experience. This course also fulfills the requirement of a course in History and Techniques to become a registered play therapist with the Association for Play Therapy. This course is offered every other summer.

Required Readings:

- › Linking Parents to Play Therapy, by Deborah Killough McGuire and Donald E. McGuire, forward by Garry Landreth. (Available in our bookstore)
- › International Journal of Play Therapy, Vol. 10, Number 2. This will be sent to those who register, cost, including postage, is \$10.00. Chapters include: Adlerian Play Therapy, Child-centered Play Therapy, Ecosystemic Play Therapy, Gestalt Play Therapy, and Prescriptive Play Therapy.

Recommended Reading:

- › Play Therapy: The Art of Relationship, 2nd edition, by Garry Landreth, 2002.
- › Reaching Children Through Play Therapy: An Experiential Approach, by Carol Crowell Norton and Byron E. Norton.

Instructor: Dottie Higgins Klein, LMFT, RPT-S received her Master of Family Therapy from Hahnemann University. She is a supervisor of the American Association of Marriage and Family Therapy (AAMFT) and a registered play therapist supervisor for the Association for Play Therapy (APT). Dottie has spent more than 25 years combining the fields of play and family therapy. She has synthesized the best of both fields into a creative new approach: Play-Family Therapy™. The family therapy component of Play-Family Therapy focuses on each family member and his or her extended world (including the Contextual Family Therapy of Ivan Nagy). The play therapy component of Play-Family Therapy allows a particular child to address his or her needs, symptoms or problems in individual sessions. The play therapy component engages the child of 3 to 11 or 12 years old through imagination in play. This allows the child to tap into his or her own intuitive healing powers, similar to the value of meditation or even EMDR. When therapists train in and understand Play-Family Therapy, they gain a powerful tool that allows them to help children not only to relieve symptoms but also to heal.

Coming from out of town?

Partial Scholarships available for those flying in from the US and Canada and additional International Scholarships available!

Need housing?

Check our web site for a list of local B&Bs and information about our 'Host a Colleague' program.

The Family & Play Therapy Center, Inc. is approved by the Association for Play Therapy to offer continuing education specific to play therapy. Our provider number is 96-030. The Family & Play Therapy Center, Inc., maintains responsibility for the program.

Web Site: www.fptcenter.com