



Family & Play Therapy Center, Inc.
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PLEASE POST

Contextual Therapy Introductory Course

for Therapists Working with Families, Adults, Teens, and Children and for Play Therapists



September 2010–May 2011
3 hours once a month — 30 hours total



See feedback
from past
participants
online!

Dates: 2010 — Sept. 14, Oct. 12, Nov. 9, Dec. 7
2011 — Jan. 11, Feb. 8, March 8, April 5, May 3, May 31
Time: Tuesdays once a month, 9:00 AM–12:00 PM
Instructor: Dottie Higgins Klein, LMFT, RPT-S, AAMFT-S
Fee: See payment and deposit information on reverse.

15 CEs
for LSW, LMFT & LPC

Contextual Family Therapy Course is offered for therapists who see families, adults, teens and children. Working with families is often the most challenging part of our work. Contextual Therapy (CT), developed by Ivan Boszormenyi Nagy, offers a highly ethical, three generational approach, including many concrete interventions with family members that are feeling stuck.

1st Source: An overview of 12 basic concepts of Contextual Therapy will be drawn from the chapter on Family Therapy from the upcoming book by Dottie Higgins Klein, *Weaving It All Together: Play-Family Therapy, Child Development & Mindful Parenting*. The course includes understanding the stages of play therapy and how family therapy is woven into play therapy.

2nd Source: *The New Contextual Therapy: Guiding the Power of Give and Take*, by Terry Hargrave & Franz Pfitzer. This covers subjects that include demystifying the theory; factual biological, multi-cultural and economic issues – including brain structure and emotions; individual and systemic interventions from a contextual viewpoint; violations that impact relational ethic and fairness; relational ethics and therapeutic change.

In addition to applying concepts to their client families, therapists are encouraged to apply the theories to their own lives.

Course Includes

- Readings and discussion of theory and application
- Roleplaying of real therapy situations and possibility of live consultations
- Viewing and discussing a professionally made video of Ivan Nagy doing a consultation with a family
- Three classes will be devoted to viewing and discussing the family therapy sessions using sand-play miniatures, of two girls adopted from Guatemala at ages nine and six. The older girl was having severe separation anxiety and refusing to be in school without the mom. She was having night mares and was afraid her new mom would die if she left her. These poignant videos capture - through Reality Trays- a sandstory narrative - the telling of the joys and traumas the girls experienced in their birth family and two years in the temporary foster care family where they lived while waiting for adoption. The witnessing by the mom and therapists helped the girls talk about their traumas and to begin to develop trust. The theory of using reality trays will be extracted from the videos. The adoptive mom will attend one class to talk to us about her experience.

INSTRUCTOR:

Dottie Higgins Klein, LMFT, RPT-S, AAMFT-S received her Master of Family Therapy degree from Hahnemann University. She is a Supervisor for the American Association of Marriage and Family Therapy (AAMFT) and a Registered Play Therapist Supervisor for the Association for Play Therapy (APT). Dottie studied with Ivan Boszormenyi-Nagy and his colleagues, and she has been involved in Contextual Family Therapy for over twenty-five years.

Additional Recommended Reading:

Doing Contextual Therapy, by Peter Goldenthal

Optional Monthly Group Supervision:

Following class, 12:20–2:15, group size is limited to 6 in a group. (Cost for participation in a group of 6 is \$60 for two hours.)

More information is available online at www.fptcenter.com.

Chart of Available Credit Hours	
220-Hr. Contextual Therapy Training Certificate	30 hr.
PA Social Work Board for LSW, LMFT, & LPC*	15 hr.
Association for Play Therapy** -- Play Therapy Specific	15 hr.
Association for Play Therapy** -- Mental Health	15 hr.
Certification renewal for the American Nurses Credentialing Center	30 hr.
<small>*PA Social Work Board CEs may transfer to other states. Check with your state social work board. ** We are an approved provider for the Association for Play Therapy. You may receive both the Play Therapy Specific and the Mental Health hours listed above. Those joining us through our Interactive Live Online Classroom (iLOC) receive APT contact hours.</small>	

<u>3 Payment Option</u>	<u>8-Payment Option</u>
Deposit Due w/ Reg. 150.00	Deposit Due w/ Reg. 170.00
Due 10/01/10 200.00	8 Monthly Payments 75.00
Due 01/01/11 200.00	(Sept. 1, 2010–April 1, 2011)
Due 03/01/11 200.00	

**To register, call us at 215-844-4321 ext. 1.
We accept payment by check or credit card.**