



Family & Play Therapy Center, Inc.
 6811 Quincy Street
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 Phone/fax: (215) 844-4321
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**Contextual Family Therapy Training
 for Play Therapists and for All Therapists Working
 with Families, Adults, Teens, and Children**

CONTEXTUAL PRACTICUM

October 2010–May 2011

Dates: 2010 — Oct. 7, Nov. 4, Dec. 2
 2011 — Jan. 6, Feb. 3, March 3, March 31,
 April 28, May 26
Time: Thursdays once a month, 12:20 PM–2:10 PM
Instructor: Dottie Higgins Klein, LMFT, RPT-S, AAMFT-S

**This class is open to all current and past participants in
 Contextual Family Therapy classes at the Family & Play Therapy Center.**

Contextual Family Therapy is best understood by applying the theory to the therapist’s own life. In the field of psychotherapy many believe that we can take clients only as far as we are able to go in our own lives. Contextual Family Therapy is dedicated to encouraging ourselves and our clients to rework issues with the family of origin. Clients need to do this at their own pace – not the therapist’s pace. The therapy needs to take account of the fact that some family dynamics really are toxic and to adjust interventions to include safety and protection. This is a supportive environment – not a therapy group.

The class this year will introduce the concepts of Energy Medicine and understanding the first two of seven Chakras – the root chakra and the sacral chakra and their connection to CFT. The root and sacral chakras are most important to attend to in order to have fuller access to our higher awareness. We will read sections of

the book *Anatomy of the Spirit* by Caroline Myss, PhD. Chapter I addresses Loyalty, Honor, Justice, The Energy Consequences of Belief Patterns and the importance of our Tribe (or as we call it Family of Origin). Chapter II: The Power of Relationships: Choices we make, managing creative energy, sex, money, ethics, and survival fears particularly in the development of relationships.

We will discuss how in the physical body medical issues are connected to energy that gets stuck in the body. Emotional\psychological issues when not attended may manifest in illness. Myss helps us to understand which parts of the body are correlated to which illnesses and what can be done for healing. *Anatomy of the Spirit* is full of extremely interesting brief case studies that make it very worthwhile to read and many examples make you think you are reading Ivan Nagy! (Really!)

INSTRUCTOR:

Dottie Higgins Klein, LMFT, RPT-S, AAMFT-S received her Master of Family Therapy degree from Hahnemann University. She is a Supervisor for the American Association of Marriage and Family Therapy (AAMFT) and a Registered Play Therapist Supervisor for the Association for Play Therapy (APT). Dottie studied with Ivan Boszormenyi-Nagy and his colleagues, and she has been involved in Contextual Family Therapy for over twenty-five years.

This course can be applied to the 50 Practicum Hours for our 220-hr. *Contextual Family Therapy Training Certificate*.

\$35.00 Early Registration Discount -- Deadline: June 30, 2010

**To register, call us at 215-844-4321 ext. 1.
 We accept payment by check or credit card.**

3 Payment Option		8-Payment Option	
Deposit Due w/ Reg.	100.00	Deposit Due w/ Reg.	120.00
Due 10/01/10	175.00	8 Monthly Payments	65.00
Due 01/01/11	175.00	(Oct. 1, 2010–May 1, 2011)	
Due 03/01/11	175.00		

The Family & Play Therapy Center, Inc. is approved by the Association for Play Therapy to offer continuing education specific to play therapy. Our provider number is 96-030. The Family & Play Therapy Center, Inc., maintains responsibility for the program.