



Family & Play Therapy Center
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PLEASE POST

The Nuts & Bolts of Creating Genograms in a Multiethnic and Multicultural World with Jackie Scharff

AVAILABLE ONSITE IN PHILADELPHIA AND ONLINE FROM ANYWHERE



Dates: Wednesdays in 2012 — Feb. 8,
March 7, March 28, May 16, June 6
Time: 9:00 AM–12:45 PM

*Continuing Education Credits
for PA LSW, LCSW, LMFT, & LPC (18 hr.)
18 Mental Health Contact Hours
18 Hr. Credit toward 220-Hr.
Contextual Therapy Certificate Program*

Genograms offer an efficient and compassionate way to gather an immense amount of information in a brief period of time. They allow the therapist to understand the larger context of all family members, including ethnic, racial, cultural and spiritual roots, and a wide range of family dynamic issues. It is particularly helpful for the therapist to hear about the attachment experiences that the parents had in their families of origin, since those make the template on which they base their parenting. In working with children and teens, the process of completing a genogram sets the tone for the therapist to engage more readily in the parents' side of the problems, helping to reduce blame on a child. And the therapist's compassion for the parents' narratives is a model for the parents to have a like compassion for each other and for their children.

This class will help participants to master the genogram process and symbols. They will gain proficiency in applying the outline to client families as well as to their own families. This is done in a way that respects participants' privacy. It is highly recommended that the therapist create his or her own genogram before doing so with clients. This greatly enhances understanding and makes it easier to ask clients for the genogram information. We will discuss the sensitivity of the clients' confidential information, and learn the difference in this context between privacy and secrecy. We will discuss applications of the genogram to Bowen Theory and to Contextual Family Therapy.

Class experience will include learning to read what is relevant in a completed genogram, for example, looking for patterns of significant experiences such as loss, that have been repeated over the generations. We will employ role-playing to practice applying the theory and to become comfortable with the process. The activities will expand on the range of clinical uses of genograms, and will help participants to see the development of the genogram as a collaborative effort with the family. Family members appreciate and learn a lot by viewing their history with a wider lens, and they are often able to connect the history with their current family problems in a way that is helpful to the treatment.

The use of genograms to assess families was introduced by Monica Mc Goldrick and her colleagues. Required reading for the class is her book, *Genograms: Assessment and Intervention*. Recommended reading is *Ethnicity and Family Therapy*, also by McGoldrick and her colleagues.

Presenter: Jacqueline Scharff, MA, LMFT, PMHCNS, BC, is a licensed Marriage and Family Therapist and an Approved Supervisor for AAMFT (American Association of Marriage & Family Therapy). She is a Psychiatric Mental Health Clinical Nurse Specialist, Board Certified by the Amer. Nurses Credentialing Center. She is an approved consultant for EMDRIA (Eye Movement Desensitization and Reprocessing International Association). Jackie was the Director of Training for the Family Institute of Philadelphia for 12 years and taught family therapy and child and adolescent psychiatry at the U. of PA Graduate School of Nursing for thirty years. She has maintained a private practice for over thirty years and is located in Wynnewood, PA.

\$25.00 Early Reg. Discount -- Deadline: Jan. 13

DEPOSIT & 2 PAYMENTS	
Deposit Due w/ Reg.	125.00
Due 03/01/12	100.00
Due 05/01/12	100.00

Call about discounts for multiple iLOC participants from a single location.

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