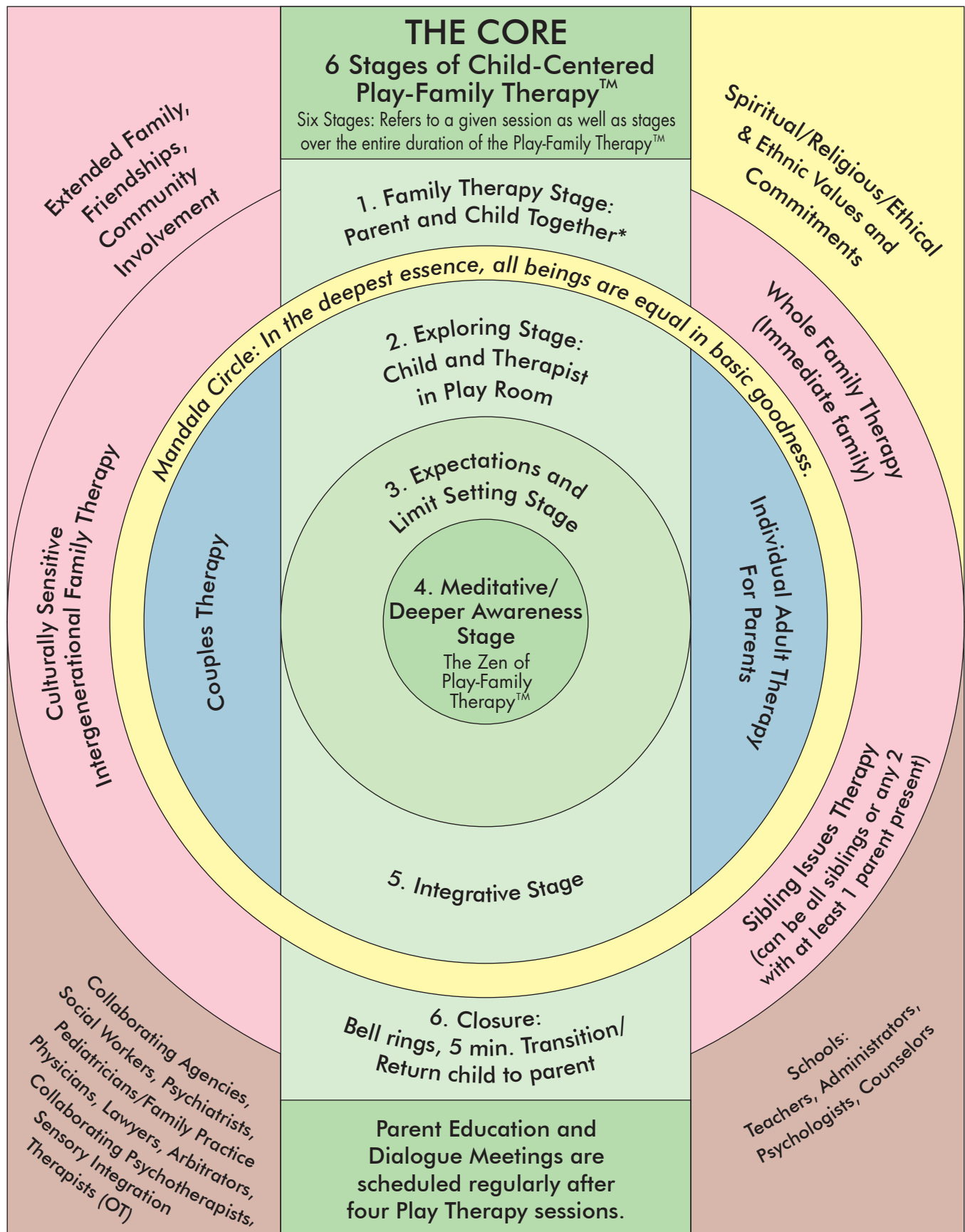


# Mindfulness Based Play-Family Therapy™ Mandala



\* The 15-20 min. prior to the child's play therapy session can include behavioral therapy (including use of charts), cognitive therapy (including conscious use of play equipment, working with fears and anxieties), role playing, siblings issues, and enactments (including parent support in context).