

## Interactive Live Online Classroom (iLOC)

FALL 2012: Advanced Child Development Course  
with a Component in Mindfulness Based Play-Family Therapy  
Every other Friday, 9:15 AM-12:30 PM ET

The 18-Hour Course offers an essential framework for the Advanced Child Development Course, a 102-hour course offered over the course of two years, meeting every other Friday morning from September through June. The Advanced Child Development Course will be starting a new year in September 2012. This course emphasizes the emotional growth of children from birth through twelve years of age, with the primary focus on understanding the impact of early development on a child who comes to therapy at an older age and strengthens parent-child interview skills. This is a child development course, and it is filtered through the eyes of a family/play therapist. It includes 20 hours of supervision in small groups and 8 sessions observing live sessions of mothers and babies to see the theory come alive and much more! This course has been approved for continuing education by the Association for Play Therapy (APT) and the PA Board of Social Workers, Marriage & Family Therapists, and Professional Counselors. The course helps therapists to acquire child development credit and many of the 150 hours required for the APT's Registered Play Therapist status. You can see the brochure online at [www.fptcenter.com](http://www.fptcenter.com) or call the office for more information.

Dottie Higgins Klein, LMFT, RPT-S, AAMFT-S received her Master of Family Therapy from Hahnemann University. She is a supervisor of the American Association of Marriage and Family Therapy (AAMFT) and a registered play therapist supervisor for the Association for Play Therapy (APT). Dottie has spent the last 30 years combining the fields of play and family therapy. She has synthesized the best of both fields into a creative approach: Mindfulness Based Play-Family Therapy. The family therapy aspect cares about each family member and his or her extended world. (including Contextual Family Therapy of Ivan Nagy). The play therapy aspect allows a particular child to address his or her needs, symptoms or problems in individual sessions. The Play Therapy Component engages the child of 3 to 11 or 12 years old through imagination in play, including directed or non-directed play therapy. Mindfulness Based Play-Family Therapy can be inclusive of many modalities of play therapy, including client-centered play therapy and existential play therapy. This allows the child to tap into his or her own intuitive healing powers, similar to the value of meditation or even EMDR. When therapists train and understand Play Therapy, they gain a powerful tool that allows them to help children not only to relieve symptoms but also to heal.

# Mindfulness Based Play-Family Therapy Training and Supervision

Play-Family Therapy Training:  
The 18-Hour Course  
plus 4 Hours  
of Supervision



**3 DAYS OF TRAINING &  
1 DAY OF SUPERVISION**

**DATES:** 4 Days in June 2012 —  
Tuesday, June 26, 2012 to  
Friday, June 29, 2012

**TIME:** June 26-28: 8:45 AM-4:30 PM  
June 29: 10:00 AM-2:30 PM

**FEE:** \$500 (\$450 w/ early reg. by 04/30/12)

**PA CEs for LSW, LMFT, & LPC**

Prerequisite for the  
**Advanced Child Development Course**  
with a Component in **Play-Family Therapy**  
which is available through our  
**Interactive Live Online Classroom (iLOC)**

## June 26-29, 2012: The 18-Hour Course plus Supervision

TUITION		CREDIT HOURS AVAILABLE																					
		Deposit Due w/ Reg. 200.00 Due 06/15/12 300.00 <b>TOTAL \$500.00</b>	Play-Family Therapy Certificate Program -- <i>Training Hrs.</i>	18 hr.	Play-Family Therapy Certificate Prog. -- <i>Group Supervision</i>	3 hr.	Play-Family Therapy Certificate Prog. -- <i>Indiv. Supervision</i>	1 hr.	PA Social Work Board for LSW, LMFT, & LPC**	18 hr.	Association for Play Therapy*** -- <i>Play Therapy Specific</i>	18 hr.	Certification renewal for the American Nurses Credentialing Center	18 hr.									
Other payment arrangements are available. Please call for more information.		<small>* Either Early Bird Special or Early Registration Discount may be applied if registered by appropriate deadline, but not both. These discounts will be removed from the final payment. ** PA Social Work Board CEs may transfer to other states. Check with your state social work board. No fee for PA SW CEs. *** We are an approved provider for the Association for Play Therapy (#96-030). The Play Therapy Specific hours for this course are listed above. Those joining us through our Interactive Live Online Classroom (iLOC) receive APT contact hours.</small>																					
<b>DISCOUNTS</b> <b>EARLY BIRD SPECIAL* (Reg. by 04/30): \$60 discount</b> <b>Early Reg. Disc.* (Reg. by 05/31): \$30 discount</b> <b>Full-Time Student: 10% discount</b> <b>Full-Time Parent: 10% discount</b> <b>Retirement Discount: 10% discount</b> <b>iLOC Online Group Discounts</b> <table border="1"> <thead> <tr> <th>Number of Participants</th> <th>2</th> <th>4</th> <th>6</th> <th>8</th> <th>10</th> </tr> </thead> <tbody> <tr> <td>Discount</td> <td>10%</td> <td>20%</td> <td>30%</td> <td>40%</td> <td>50%</td> </tr> </tbody> </table>		Number of Participants	2	4	6	8	10	Discount	10%	20%	30%	40%	50%	The Family & Play Center is approved by the Association for Play Therapy to offer continuing education specific to play therapy. Our provider number is 96-030. The Family & Play Therapy Center maintains responsibility for the program.									
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Discount	10%	20%	30%	40%	50%																		
<b>Course Withdrawal &amp; Payment Policies:</b> (a) If participant withdraws earlier than four weeks prior to the first day of a course, then participant will receive a full refund of the paid deposit, minus a \$25 withdrawal fee. (b) If participant withdraws within four weeks before the first day of a course (but earlier than one week prior to the first day), then participant will receive a full credit in the amount of the paid deposit to be applied to future courses and seminars at the center, minus a \$25 withdrawal fee. (c) If participant withdraws within one week before the first day of a course, then the deposit is forfeited. (d) Following the first day of a course, all payments are due as scheduled, and participant is responsible for payment of entire course tuition. Tuition is not reduced on account of missed class days. (e) A 1% late fee for past-due balances will be assessed at the end of each month, based on the amount past due on the last day of the month.																							

To register, please call us at 215-844-4321 ext. 1.

We accept payment by Visa, MasterCard, Discover, & American Express, as well as by check.

Dottie Higgins Klein, LMFT, RPT-S, AAMFT-S  
Family & Play Therapy Center, Inc.

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Philadelphia, PA 19119  
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Web Site: [www.fptcenter.com](http://www.fptcenter.com)



## COURSE OUTLINE: Play-Family Therapy



All three classes include didactic and experiential learning, led by Dottie Higgins Klein and other experienced therapists who have been trained in this method. Participants also observe five complete videotaped sessions of children in the play therapy room with Dottie. These videos demonstrate what the beginning, middle, and end of therapy look like. There are many handouts included in each class. The third session includes a live or taped interview of parents, demonstrating the developmental history.

### CLASS A — Tuesday, June 26, 2012

SECOND & THIRD STAGES:

#### *Exploring the Environment & Expectations and Limit Setting*

- Philosophy of Mindfulness Based Play-Family Therapy
- Play therapy equipment and the symbolic meaning of toys.
- Interpreting the metaphors of the child's play and to the facilitative language and silence that lead the child to work with unconscious material through the play.



### CLASS B — Wednesday, June 27, 2012

FOURTH STAGE:

#### *Meditative/Deep Awareness Stage*

- The core of the play therapy includes play that is very deep, intense and healing to the child. How does the clinician recognize that the child is in this phase?
- This class will focus intensively on the metaphors of the child's play and on the facilitative language and silence that lead the child to work with unconscious material. It is most important that the therapist acquire skill in these areas in order to be able to help healing to occur.
- The self of the therapist. What is happening inside the therapist during the session? How does the therapist develop the relationship of trust with the child? How is the therapist the bridge between the family and the child?



### CLASS C — Thursday, June 28, 2012

FIRST, FIFTH, & SIXTH STAGES:

#### *The Family Therapy Component, Mindful Parenting, the Integrative Growth Stage, and Termination of Play Therapy*

- Taking a Developmental History
- This class will focus on how to weave the family therapy with play therapy; how to address the presenting problems with the parent and child together in the same room prior to each play session; and how to provide feedback to the parents, specific to the child's play, every fourth session. This includes parenting issues, such as limit setting and role playing.
- Impact of couple issues on the child



*The course includes practice in the center's fully equipped play therapy offices and will discuss how one can start with a portion of an office or a portable set of toys.*

*The next offering of the 18-Hour Course after this will be in 2014.*

### CLASS D — Friday, June 29, 2012

3 HOURS GROUP SUPERVISION &  
1 HOUR INDIVIDUAL SUPERVISION

Group supervision is included in order to help therapists to integrate the family and play therapy material into their unique settings. Each participant will bring one family case, and we will discuss how apply the course material to that case.

### Counts Toward RPT Status!

This course fulfills the following requirements for Registered Play Therapist (RPT) status and Registered Play Therapist Supervisor (RPT-S) status with the Association for Play Therapy (APT):

- 18 of the 150 required hours of Education
- 4 of the 35 required hours of supervision in Play Therapy by an approved APT supervisor

**This course meets/satisfies the prerequisite for the 2-year Advanced Child Development Course with Mindfulness Based Play-Family Therapy.**



### IMPORTANCE OF ONGOING SUPERVISION

We recommend that all Play-Family Therapists continue with supervision at least one individual hour or two group hours per month.

### REQUIRED READING

Higgins Klein, Dottie. *Mindfulness Based Play-Family Therapy, Child Development, and Mindful Parenting: Weaving It All Together*. Forthcoming.

Norton, Carol Crowell and Byron E. Norton. *Reaching Children Through Play Therapy: An Experiential Approach*. 2d ed. Denver, CO: White Apple Press, 2002.



### Some comments from workshop participants:

"I feel your presentation of theory plus practice was one of the most professional therapy training sessions I've ever attended."  
— C.A.

"I wasn't totally convinced that play therapy was as healing a process as I have learned today. Today's teachings and experiential components helped me to understand the process and become excited to learn more."  
— Anon.

"The tapes and lecture were very helpful. The experiential part helped to practice what I learned. Time boundaries were good and the presenter was very organized, which allowed us to learn all of the information."  
— M.M.

"I enjoyed the video and commentary. Your flexibility and emphasis on intuition are encouraging and refreshing. Experiential work was helpful and balanced the didactic."  
— B.W.

"I love the handouts."  
— A.B.

