

Live Online Classroom

FALL 2010: Advanced Child Development Course with a Component in Play-Family Therapy Every other Friday, 9 AM-12 PM ET

The 18-Hour Course offers an essential framework for the Advanced Child Development Course, a 102-hour course offered over the course of two years, meeting every other Friday morning from September through June. The Advanced Child Development Course will be starting a new year in September 2010. This course emphasizes the emotional growth of children from birth through teenage years, with the primary focus on understanding the impact of early development on a child or teen. This is a child development course, and it is filtered through the eyes of a family/play therapist. It includes 20 hours of supervision in small groups and 8 sessions observing live sessions of mothers and babies to see the theory come alive and much more! This course has been approved for continuing education by the Association for Play Therapy (APT) and the PA Board of Social Workers, Marriage & Family Therapists, and Professional Counselors. The course helps therapists to acquire child development credit and many of the 150 hours required for the APT's Registered Play Therapist status. You can see the brochure online at www.fptcenter.com or call the office for more information.

REGISTRATION

To register, please call us at 215-844-4321 ext.1
Payment by Visa, Mastercard, or check.

PAYMENT INFO

\$25 Discount with Early Registration by 06/04/10

A \$200 deposit is due with your registration and pay the full balance of \$300 on the first day of the course. If you register and send your \$200 deposit by 06/04/10, then you will receive an early registration discount of \$25, and the balance of \$275 will be due on the first day of the course.

Registrations are accepted in the order received. Course size is limited to approximately 25 participants. It is recommended that you register early. You must attend the first session of the course in order to attend the second session. A certificate of attendance is provided for those who complete the course.

There is a 10% discount available for full-time parents and full-time students. There may be a 20% discount available for a helper. Please call the office for more information.

See our web site (www.fptcenter.com) if you need overnight accommodations. There are several reasonable B&Bs near the center, which is located in a beautiful neighborhood and is easily reached by plane and train.

Dottie Higgins Klein, LMFT, RPT-S received her Master of Family Therapy from Hahnemann University. She is a supervisor of the American Association of Marriage and Family Therapy (AAMFT) and a registered play therapist supervisor for the Association for Play Therapy (APT). Dottie has spent the last 26 years combining the fields of play and family therapy. She has synthesized the best of both fields into a creative approach: Play-Family Therapy. The family therapy aspect cares about each family member and his or her extended world. (including Contextual Family Therapy of Ivan Nagy). The play therapy aspect allows a particular child to address his or her needs, symptoms or problems in individual sessions. The Play Therapy Component engages the child of 3 to 11 or 12 years old through imagination in play, including directed or non-directed play therapy. This allows the child to tap into his or her own intuitive healing powers, similar to the value of meditation or even EMDR. When therapists train and understand Play Therapy, they gain a powerful tool that allows them to help children not only to relieve symptoms but also to heal.

The Family & Play Center, Inc., is approved by the Association for Play Therapy to offer continuing education specific to play therapy. Our provider number is 96-030. The Family & Play Therapy Center, Inc., maintains responsibility for the program.

**Dottie Higgins Klein, LMFT, RPT-S, AAMFT-Spv,
Director of Family & Play Therapy Center, Inc.**

Phone/Fax: (215) 844-4321

- OK to call any time: day, evening, weekends.
- If you are calling for Dottie, confidential voice mail will take your call if Dottie is not available.
- The office manager is available Monday through Friday from 9:00 to 4:00 at extension 1.

Visit our Web Site: www.fptcenter.com
Information about the Center
Print-out brochures & map/directions

Course Withdrawal Policy: (a) If registrant withdraws earlier than four weeks prior to the first day of a course, then registrant will receive a full refund of the paid deposit, minus a \$25 withdrawal fee. (b) If registrant withdraws within four weeks before the first day of a course (but earlier than three days prior to the first day), then registrant will receive a full credit in the amount of the paid deposit to be applied to future courses, minus a \$25 withdrawal fee. (c) If registrant withdraws within three days before the first day of a course, then registrant accepts liability for withdrawal and deposit.

Play Therapy Training and Supervision

An Onsite Training in Philadelphia

Play-Family Therapy Training:
The 18-Hour Course
Plus 4 Hours of Supervision



**3 DAYS OF TRAINING &
1 DAY OF SUPERVISION**

DATES: 4 Days in June 2010 —
Monday, June 21, 2010 to
Thursday, June 24, 2010

TIME: June 21-23: 8:45 AM-4:30 PM
June 24: 10:00 AM-2:30 PM

FEE: \$500 (\$475 w/ early reg. by 06/04/10)

**CEs Pending & Expected
for LSW, LMFT, & LPC**

Prerequisite for the
**Advanced Child Development Course
with a Component in Play-Family Therapy**
which is available through our
Live Online Classroom

Dottie Higgins Klein, LMFT, RPT-S
Family & Play Therapy Center, Inc.

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Philadelphia, PA 19119
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Web Site: www.fptcenter.com



COURSE OUTLINE: Play-Family Therapy



All three classes include didactic and experiential learning, led by Dottie Higgins Klein and other experienced therapists who have been trained in this method. Participants also observe four complete videotaped sessions of children in the play therapy room with Dottie. These videos demonstrate what the beginning, middle, and end of therapy look like. There are many handouts included in each class. The third session includes a live or taped interview of parents.

CLASS A — Monday, June 21, 2010

SECOND & THIRD STAGES:

Exploring the Environment & Expectations and Limit Setting

- Philosophy of Play-Family Therapy
- Play therapy equipment and the symbolic meaning of toys.
- Interpreting the metaphors of the child's play and to the facilitative language and silence that lead the child to work with unconscious material through the play.



CLASS B — Tuesday, June 22, 2010

FOURTH STAGE:

Meditative/Deep Awareness Stage

- The core of the play therapy includes play that is very deep, intense and healing to the child. How does the clinician recognize that the child is in this phase?
- This class will focus intensively on the metaphors of the child's play and on the facilitative language and silence that lead the child to work with unconscious material. It is most important that the therapist acquire skill in these areas in order to be able to help healing to occur.
- The self of the therapist. What is happening inside the therapist during the session? How does the therapist develop the relationship of trust with the child? How is the therapist the bridge between the family and the child?



CLASS C — Wednesday, June 23, 2010

FIRST, FIFTH, & SIXTH STAGES:

The Family Therapy Component, Mindful Parenting, the Integrative Growth Stage, and Termination of Play Therapy

- Taking a Developmental History
- This class will focus on how to weave the family therapy with play therapy; how to address the presenting problems with the parent and child together in the same room prior to each play session; and how to provide feedback to the parents, specific to the child's play, every fourth session. This includes parenting issues, such as limit setting and role playing.
- Impact of couple issues on the child



Trauma that requires longer term work can be addressed more fully at a later course. Such work builds upon the foundation of this training.

The course will be held at Dottie's fully equipped play therapy offices and will discuss how one can start with a portion of an office or a portable set of toys.

The next offering of the 18-Hour Course after this will be in 2012.

CLASS D — Thursday, June 24, 2010

3 HOURS GROUP SUPERVISION &
1 HOUR INDIVIDUAL SUPERVISION

Group supervision is included in order to help therapists to integrate the family and play therapy material into their unique settings. Each participant will bring one family case, and we will discuss how apply the course material to that case.

Counts Toward RPT Status!

This course fulfills the following requirements for Registered Play Therapist (RPT) status and Registered Play Therapist Supervisor (RPT-S) status with the Association for Play Therapy (APT):

- 18 of the 150 required hours of Education
- 3 of the required hours of Group Supervision
- 1 of the required hours of Individual Supervision toward 35 hours of supervision in Play Therapy by and approved APT supervisor



IMPORTANCE OF ONGOING SUPERVISION

We recommend that all Play-Family Therapists continue with supervision at least one individual hour or two group hours per month.

REQUIRED READING

Norton, Carol Crowell and Byron E. Norton.
Reaching Children Through Play Therapy: An Experiential Approach. 2d ed. Denver, CO: White Apple Press, 2002.



Some comments from workshop participants:

"I feel your presentation of theory plus practice was one of the most professional therapy training sessions I've ever attended."
— C.A.

"I wasn't totally convinced that play therapy was as healing a process as I have learned today. Today's teachings and experiential components helped me to understand the process and become excited to learn more."
— Anon.

"The tapes and lecture were very helpful. The experiential part helped to practice what I learned. Time boundaries were good and the presenter was very organized, which allowed us to learn all of the information."
— M.M.

"I enjoyed the video and commentary. Your flexibility and emphasis on intuition are encouraging and refreshing. Experiential work was helpful and balanced the didactic."
— B.W.

"I love the handouts."
— A.B.

