



Sandtray/Sandplay Training 2010-2011

Level I • Level II • Level III • Level IV

All hours (Levels I, II, & III) count toward the 150 training and supervision hours required to become a Registered Play Therapist!

Family & Play Therapy Center, Inc.
6811 Quincy Street
Philadelphia, PA 19119

Phone/Fax: (215) 844-4321
Web Site: www.fptcenter.com

See feedback online!



Therapists may attend through iLOC in groups of 2 to 4 with sand materials at their location (min. 300 varied objects). Group discounts available. Call for more info!

Level I

Sandtray Training for Therapists Working with Children Ages 3-12
One Tuesday a Month, 9:00 AM-12:00 PM, September 2010-June 2011

15 CEs
pending & expected
for LSW, LMFT & LPC
Plus supervision
hours!

This course will encourage competence in the use of sand pictures and sand stories during children's directed and spontaneous play therapy sessions. There is an emphasis on understanding the metaphoric communication of the child's messages in the tray. Special attention will also be given to an effective but more structural use of sandtray with children with ADHD

and other learning disorders. Attention is given to talking about themes of a child's play during parent feedback sessions. Onsite class size is limited to 20 therapists. This course will be taught by Dottie Higgins Klein, LMFT, RPT-S, AAMFT-SPV.

Required Reading: *Sandtray: A Practical Manual*, by Linda Homeyer & Daniel Sweeney.

Dates: 2010 – 09/28, 10/26, 11/23, 12/21
2011 – 01/25, 02/22, 03/22, 04/19,
05/17, 06/14

Personal Sandtray Experience: There will be an experiential component and supervision based on case material of your clients (by rebuilding a child client's sandtray with your miniatures, using video or photographs).

Note: Levels I and II may be taken in either order.

Level II

Sandtray Training for Therapists Working with Adults and Adolescents
Next offered September 2011-June 2012

The theory of Sandtray with teens and adults is very different from that of Sandtray with children. The course can be taken before, after, or concurrently with Level I. The Level II class allows the therapist to become comfortable in beginning to use Sandtray with teens and adults. Sandtray is a wonderful supplement to talk therapy and allows clients to communicate deeply and to heal life pain. Theory is

extrapolated from the required reading and the experiential component. The course includes lots of training in metaphors and how to discuss these with parents. Therapists who experience this modality understand how enjoyable and highly effective sandtray process is, often as deep as EMDR. This class is a favorite! Be sure to read the comments from past trainees that appear on the Sandtray Class

Comments sheet on our web site. Onsite class size is limited to 20 therapists. This course will be taught by Dottie Higgins Klein, LMFT, RPT-S, AAMFT-SPV.

Dates: To be announced

Required Reading: *Sandplay: The Sacred Healing*, by Kate Amatruda & Phoenix Helen Simpson.

Note: Levels I and II may be taken in either order.

Level III

Sandtray Theory and Supervision: Creative Sandtray Applications
Next offered Summer 2011

This course covers many creative applications of Sandtray and invites deeper expression of client groupings. We will cover the use of family therapy theory as expressed through sand trays and Directed Trays for 2 people, such as siblings, couples, and a teen and parent. We will also explore Reality Trays, which can be a powerful experience for healing trauma

when integrated into the therapy. We will focus on sequential individual sand trays and symbolism, and participants will continue the sandtray process. Genogram trays and supervision transference trays, as taught by Eliana Gil, will also be presented. Onsite class size is limited to 20 therapists. This course will be taught by Dottie Higgins Klein, LMFT, RPT-S, AAMFT-SPV.

Dates: To be announced

Required Reading: *Sandplay Therapy for Diverse Populations*, by Barbara Labovitz Boik and E. Anna Goodwin, and *Sandplay: Past, Present, and Future*, by Rie Rogers Mitchell and Harriet Friedman

Prerequisite: Completion of Level I or Level II of Sandtray/Sandplay Training

Level IV

Sandtray Theory and Focusing
Next offered Summer 2011

This level includes training in the use of Focusing, which is a contemplative experience of the inner landscape, developed by Eugene Gendlin. In this course, focusing will be combined with sandtray therapy for adults and adolescents. Gendlin has been honored three times by the American Psychological Association for his development of

experiential psychotherapy. We will use his book *Focusing* (\$7.50), which has sold over 400,000 copies and has been translated into twelve languages. (Visit www.focusing.org for more.) Focusing adds a powerful experience to adult and teen sandtray process and is compatible with EMDR. Onsite class size is limited to 20 therapists.

Dates: To be announced

Required Reading: *Focusing*, by Eugene Gendlin, and *Sandplay: A Psychotherapeutic Approach to the Psyche*, by Dora M. Kalf

Prerequisite: Completion of Level II of Sandtray/Sandplay Training

LEVEL I

3-Payment Option

Deposit Due w/ Reg.	150.00
Due 10/01/10	250.00
Due 01/01/11	250.00
Due 03/01/11	250.00

8-Payment Option

Deposit Due w/ Reg.	170.00
8 Monthly Payments	94.00
(Sept. 1, 2010-April 1, 2011)	

To register, please call us
at 215-844-4321 ext. 1.
We accept payment by
check, Visa, or Mastercard.