

Requirements for Certificate

Introductory Course (30 hr.) [or a graduate course in CT]

- CFT 601: Introduction to Contextual Family Therapy

4 Core Courses (120 hr.) Core courses may be taken in any order.

- CFT 801: A Framework Rooted in Human Relationships
- CFT 802: Therapeutic Methods and the Therapist in Context
- CFT 803: Dialogue, Loyalty, and Fairness in the Intergenerational Family System
- CFT 804: Intergenerational Balance, Parentification, Trust, and Loyalty
- CFT 805: Family Secrets, Invisible Loyalties, and Ethics in Contextual Family Therapy

Auxiliary Courses (20 hr.) — Examples of past and future courses:

- Looking at Loyalty Ties through the Five Dimensions of Relational Reality — Catherine Ducommun-Nagy (6 hr.)
- Advances in CT and recent applications — Catherine Ducommun-Nagy (6 hr.)
- Applying Contextual Therapy to Adolescents — Leslie Pepitone (3 hr.)
- Adults & Their Aging Parents a Contextual Perspective — Jackie Scharff (3 hr.)
- Couples Therapy — B. Janet Hibbs (3 hr.)
- The Thousand Faces of Parentification — Haim Horowitz (6 hr.)
- Try to See It My Way: Being Fair in Love & Marriage — B. Janet Hibbs (3 hr.)
- Fairness and Couple Relationships
- Fairness in Parent-Child Relationships — B. Janet Hibbs (6 hr.)
- Loyalty Conflicts with Children Who Enter the Family through Adoption or Foster Care — Barbara Krasner (3 hr.)
- Family Life Cycle: A Contextual Therapy Perspective
- Interface of Contextual Therapy & Psychodynamic Approaches — Leslie Pepitone (3 hr.)
- The Power of Giving in a Culture of Taking — Haim Horowitz (6 hr.)
- Contextual Therapy Woven with Sandtray Therapy — Dottie Higgins-Klein (6 hr.)
- Evaluating Couples — Dottie Higgins-Klein (6 hr.)

Practicum Hours (50 hr.)

- CFT 602: The Nuts & Bolts of Creating Genograms in a Multiethnic and Multicultural World
- Practicum Support Group: Coaching Family of Origin Issues
- One's own Contextual Therapy: Individual, Intergenerational, Family, and Couple

Supervision

- 50 hours supervision with contextually oriented supervisors
- min. 20 individual supervision hours
- group supervision with 2 to 6 supervisees

One written paper that integrates theory and practice with a case study.

*Supervision hours and additional credit hours will be noted on certificate.

All events are available on our Interactive Live Online Classroom (iLOC) around the world. You will feel like you are in the room with us in Philadelphia. The Family Center is known for its fine, professional offerings.

You may call our office directly at +1 215 844 4321 to register, or you may email questions to workshops@fptcenter.com.

All brochures and course feedback are available on our website: www.fptcenter.com. We offer generous Geographic Discounts for residents of other countries. We look forward to hearing from you!

The Contextual Family Therapy Certificate Program is offered in conjunction with

Family & Play Therapy Center
6811 Quincy Street
Philadelphia, PA 19119

Tel: +1 215 844 4321

www.fptcenter.com

Program Director

Dottie Higgins-Klein, LMFT, RPT-S

Advisory Committee

B. Janet Hibbs, LMFT, PhD
Haim Horowitz, MA, LMFT
Jackie Scharff, LMFT, RN
Keith Schenenga, CSW

The Program Director and all members of the Advisory Committee have over 30 years of professional and personal experience in the field of Contextual Family Therapy and are all AAMFT Supervisors.

Contextual Family Therapy Certificate Program

A 220-Hour Program in Contextual Family Therapy as developed by Ivan Boszormenyi-Nagy



The Contextual Family Therapy Certificate Program is a 220-hour program offered in conjunction with the Family & Play Therapy Center in Philadelphia, Pennsylvania, USA. The program is offered internationally through the center's Interactive Live Online Classroom (iLOC). The program was designed by a committee of five senior contextual therapists that all studied extensively and directly with Dr. Nagy and his early associates. They have each been practicing Contextual Family Therapy for more than thirty years.

“ For me, the most valuable aspect of this course has been the depth of discussion, particularly about the role attachment plays in people's lives and relationships. There has been a profound modeling of the process of therapeutic intervention. The course has given me a feeling of lightness and hope in the midst of deep work. This is a wonderful way to learn. There is both the experiential level and the intellectual happening throughout this course.

— C.A., Play-Family Therapist ”

What is Contextual Family Therapy?

Contextual Family Therapy (CFT), developed by Ivan Boszormenyi-Nagy, MD, offers a highly ethical, three-generational approach to being authentically human with the wide range of problems and resources of families seeking help or advice. The training includes preparing the therapist to work with individual adults, parents and children, teens, couples, and families, including inter-generational family therapy. CFT has been taught internationally since its inception, and because



it addresses issues that are universally human, CFT respects all cultural styles and life approaches. CFT is concerned with prevention of mental health problems as well as asking the deeper questions when family members are feeling stuck or hopeless.

Contextual Family Therapy offers a very valuable framework for helping families at the root level of life problems. It is highly ethical and deeply compassionate. It is not afraid to address any issue that is blocking growth and development of family members. It is concerned with fairness and hearing everyone's perceptions. Therapists describe learning Contextual Family Therapy in layers. This part-time, long-term certificate-of-accomplishment program allows gradual learning to happen, as therapists apply the knowledge to their work or private practice environment as well as to themselves. Course work includes concrete interventions that are taught and demonstrated. The classes are fun, meaningful, and deep.

Contextual therapists also integrate other modes of family therapy, including the work of Bowen, Satir, Whitaker, and Minuchin, as well as the major contributions of Monica McGoldrick in assessment using the genogram, the family life cycle, and awareness of ethnicity and multicultural implications. Many contextual therapists integrate trauma therapies, as well as transpersonal and somatic therapies.

“ A profound learning of context and nuance that has greatly impacted my work directly. In addition, it has taught me concepts personally that have deepened my professional skills considerably.

— N.C., Clinical Social Worker ”

FAQ: Frequently Asked Questions

What is the Contextual Family Therapy Certificate Training?

It is a 220-hour training in a powerful relationship therapy that was developed by Ivan Boszormenyi-Nagy, who is often referred to as one of the top five family therapy pioneers. The entire program can be achieved in person or through our Interactive Live Online Classroom (iLOC) part-time over five years. Core courses are scheduled in Philadelphia once a month, September–June, for three hours (9:00 AM–12:00 PM ET; 6:00 AM–9:00 AM in California; 2:00 PM–5:00 PM in London). In addition, we offer occasional half-day, one-day, and two-day courses and film discussions through a contextual lens.

Can I take Contextual Family Therapy courses online?

Yes! Contextual Family Therapy courses are available through our Interactive Live Online Classroom (iLOC). The courses are taught by therapists with over thirty years of experience doing Contextual Family Therapy, and who all studied with Dr. Nagy. Classes are available onsite in Philadelphia and online through our unique iLOC system. Supervision and therapy with contextually trained therapists are also available internationally through our reliable and secure online videoconferencing technology. Please see our website or call our office for more information about our unique iLOC system.

“ Concepts of split loyalty and constructive and destructive entitlement were extremely valuable. Role plays are really useful. Taking this course while seeing families so the concepts can be actively practiced strengthens the experience. This is a very useful paradigm for working with families and instructs individual and couples work as well.

— J.S., Licensed Psychologist ”

May I take courses independent of the certificate program?

Yes, all of our postgraduate courses may be taken independent of a certificate program. We welcome international students whose credentials for working in mental health are honored in their own country.

How about continuing education hours?

All of our Contextual Family Therapy courses are approved for CE credits by the Social Work Board of PA (for Social Workers, Marriage and Family Therapists, and Professional Counselors). Approval in PA is recognized by many other states. Course hours may also count toward certification renewal for the American Nurses Credentialing Center. In the CFT 601 introductory course, 15 hours are play therapy specific hours for APT credit. The course includes sand reality trays for trauma. Course and supervision hours may count toward multiple credentials simultaneously and may be used to meet yearly requirements for licensing and for credentialing for MFT, SW, & PC, as well as AAMFT.

“ I particularly appreciated using family play therapy techniques like the family genogram and sandtray family play therapy evaluation. Dottie's knowledge of child development woven into this class was noteworthy. I recommend that therapists take it if they want to deepen their clinical work. Contextual Family Therapy offers a way to go when you feel stuck with family issues.

— E.C., Play-Family Therapist ”

A Selection of Contextual Family Therapy Concepts

- ♦ the Five Dimensions of Contextual Family Therapy
- ♦ Emphasizing Strengths rather than Pathology
- ♦ Multi-directed Partiality ♦ Asking Questions and Dialogue ♦ Trust, Love, and Care ♦ Fairness – Keeping Relationships in Balance ♦ Giving, Taking, and Receiving ♦ Acknowledgement ♦ Parentification ♦ Loyalty and Split Loyalty ♦ Constructive and Destructive Entitlement ♦ Scapegoating Family Members and Family Monsters (Is compassion possible?) ♦ Exoneration and Forgiveness ♦ Revolving Slate: issues over generations ♦ Concern About Future Generations ♦ Self of the Therapist

Professional Community Online

The Family & Play Therapy Center hosts a *Professional Community Online* that offers free membership to all mental health professionals from anywhere in the world.

Membership in this community of mental health professionals will allow you to

- Connect with fellow participants and expand your professional network.
- Discuss clinical questions with other mental health professionals.
- Pick up your schedules and readings, and receive course announcements for our trainings.
- Access our Interactive Live Online Classrom (iLOC), if you are joining us for class online.

Please follow these instructions to create a profile. If you are having any difficulty, we are always happy to answer any questions and to help guide you through the process. Please feel free to call us in the office at 215-844-4321 ext. 1. Thank you!

How to Create Your Profile in the Professional Community Online

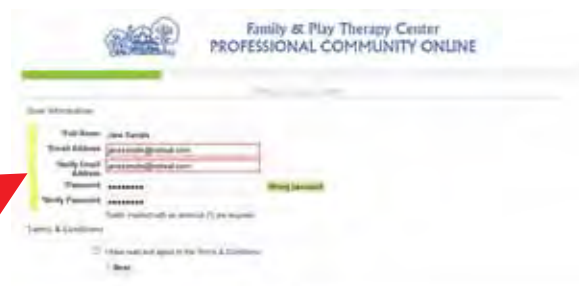
1. Go to our website: www.fptcenter.com
2. On the navigation bar across the top, click on the "Community" tab.



3. Click on the "Join Us Now! It's Free!" button.



4. Fill in your full name, e-mail address (2 times), and password (2 times). The email address that you enter here is the one where you will receive notices regarding the community site. This email address will not be displayed, and you may choose a different email below for display in the community.



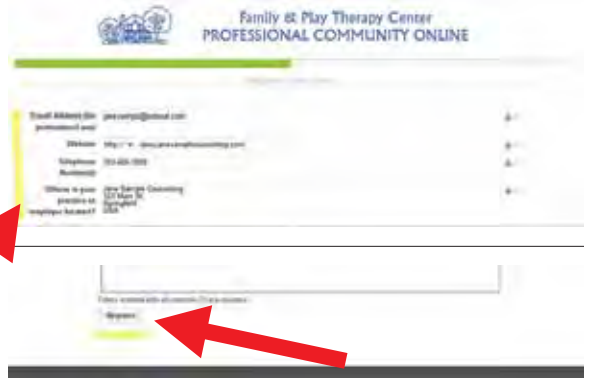
5. Click box to indicate agreement to terms. Click "Terms & Conditions" link to read terms.



6. Click "Next" button.

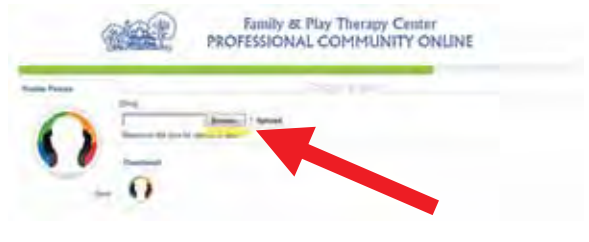


7. Provide information requested. Fields marked with an asterisk are required. The others are optional. We encourage you to provide enough information to give other community members a sense of your background and practice. Please note that the email address that you enter here will be displayed to other members of the community, and it does not need to match the email address that you entered above.

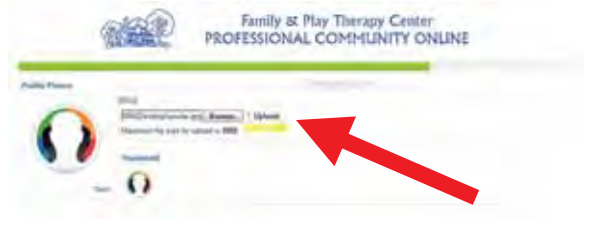


8. When you have completed this information, click the "Register" button at the bottom of the page.

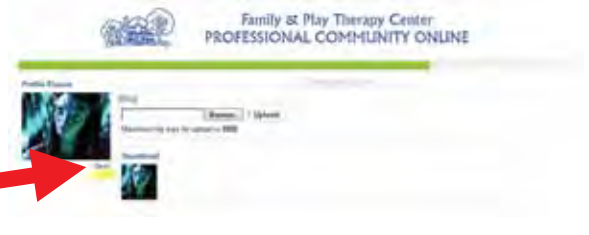
9. Here's where you upload your photo. You may click on "Skip" at the top and upload your photo later, if you don't have one handy. Please keep in mind that a photo on your profile will really allow others in the community to see you as a human being, rather than just a name on a list. In addition, you will only be eligible for certain perks, such as our free seminar attendance drawings, if you have a photo of yourself in your profile. If you are having any difficulty uploading a photo, please let us know, as we are always happy to help!



10. Click 'Browse'.



11. Find and select your photo on your computer. Click 'Upload'. You will see the photo and a preview of the thumbnail that will show up with your posts on the community site.



12. Click 'Next' to complete your registration.

13. Within the next couple of minutes, you will receive an email at the email address that you provided with your password in step 4. The email will contain an activation link. Just click on this link, and your profile will be activated. (If you are having trouble clicking on the link, please copy and paste it into the address bar on your browser.) You are now able to log in to the community site with your email address and password!

NOTE: If you have any difficulty in any of these steps, please give us a call in the office at 215-844-4321 ext. 1, and we'll be happy to guide you through the process!

REGISTRATION, DISCOUNTS, & POLICIES

How to Register Online for Courses and Seminars

NOTE: The entire registration process takes place over a secure, encrypted connection in order to ensure the privacy of your information, and we will never share your registration information with anyone else.

1. Create a Profile

In order to register for courses and seminars through our website (www.fptcenter.com), **you must have a profile in our community site** (Professional Community Online). If you already have a profile, go on to step 2. If you do not yet have a profile, please click the help button on our website (www.fptcenter.com) and follow the instructions for creating a profile. It's free and takes only a few minutes!

2. Log in to the Professional Community Online

Go to www.fptcenter.com. On the navigation bar across the top, click on the "Community" tab.

3. Click on the 'REGISTER' Tab

Once you are logged into the community site with your profile, just click directly on the 'REGISTER' tab at the top of the screen (NOT the 'View Registration & Make Payments' drop-down menu item below it) in order to start the registration process.

4. Select a Course

Review the listing of courses and select the course you wish to register for by clicking on the title or the 'Register' button.

5. Provide Contact Information

On the first page of the registration process, you will provide your current contact information. This contact information will be used only by us in order to communicate with you, and we will not share it with anyone else. If you are using a discount code (see more information below), then enter it on this page. When you have completed this page, click the 'Next Step' button.

6. Review Your Registration Information

On the next page, please review the contact information and the listing of amount due with registration. If you wish to make any corrections, use the 'Back' button. Otherwise, click the 'Next Step' button to continue.

7. Select Your Payment Method

On this page, please select which payment method you would like to use. If you would like to pay with a credit card (Visa, MasterCard, Discover, or American Express) right away in order to secure your spot in the course or seminar, then select 'Quickbooks Merchant Services'. Your credit card information will be handled with state-of-the-art security and encryption and will not be saved after being processed. If you prefer to pay later, there are several options: Mail in Payment, Call in Payment, and Payment from Agency. Please select the appropriate option. Once you have made your selection, click the 'Next Step' button.

8. Enter Your Credit Card Information (if applicable)

If you selected payment by Quickbooks Merchant Services, then you will enter your credit card information on this next page. Once you have completed this page, click the 'Submit' button.

9. Registration Complete!

You will receive a message on the screen that your registration has been submitted. You will also receive an email confirmation of your registration and credit card payment (if you made one). If you indicated that you will pay later, please be sure to follow up on that right away in order to be sure that your slot is held.

IMPORTANT: The confirmation email will include an attachment of our Ethical and Privacy Agreement. If you have not previously submitted a signed agreement, please print, sign, and return this agreement to us as soon as possible, as it will be required before you attend any course. You may return it by fax (+1 215 844 8877) or by email (administration@fptcenter.com).

DISCOUNTS

In addition to our Early Registration Discount, which will be automatically calculated in your online registration if it is currently available, we also have several other discounts available. We seek to make our courses as accessible as possible to therapists in a range of circumstances. Please note that Early Registration Discounts expressed as a dollar amount refer to the discount from full tuition rate; the discount is applied as a percentage and therefore adjusted based on other discounts applied. Please see specific information and requirements for discounts below.

Full-Time Student Discount — 10% discount — Automatically Calculated with Online

Registration — You qualify for the Full-Time Student Discount if you are currently enrolled in a full-time accredited graduate program in a field of psychology, taking at least 3 courses per semester, during the full term of a course at the Family & Play Therapy Center, and if you are paying for the course personally.

Recent Graduate Discount — 10% discount — Automatically Calculated with Online

Registration — You qualify for the Recent Graduate Discount if you have graduated from an accredited graduate program in a field of psychology during the year preceding your enrollment in a course at the Family & Play Therapy Center, and if you are paying for the course personally.

Full-Time At-Home Parent Discount — 10% discount — Automatically Calculated with Online

Registration — You qualify for the Full-Time At-Home Parent Discount if you are at home for child care and do not have employment beyond seeing up to three clients per week, during the full term of a course at the Family & Play Therapy Center, and if you are paying for the course personally.

Retirement Discount — 10% discount — Automatically Calculated with Online Registration —

You qualify for the Retirement Discount if you are a retired professional from a field of psychology and do not have employment beyond seeing up to three clients per week during the full term of a course at the Family & Play Therapy Center, and if you are paying for the course personally.

Geographical Discounts — 10%–65% discount — Automatically Calculated with Online

Registration — If (1) you are a *full-time resident* of a country that is listed in our Geographical Discount Tables (see below) and (2) you hold a **university degree** in a field of psychology, then you are eligible for a Geographical Discount for attending a course or seminar online through our Interactive Live Online Classroom *as an iLOC @ Home participant*. Please see the tables for percentage of discount and discount codes for use in online registration. If your country falls into Group 6 in our Geographical Discount Tables and you are unable to pay the discounted rate, we welcome you to call for information about applying for a need-based scholarship.

Geographical Discount Tables --- *iLOC @ Home ONLY*

To be eligible for these discounts for attending a course or seminar online through our Interactive Live Online Classroom as an *iLOC @ Home participant*, you must (1) be a **full-time resident** of a country that is listed in our Geographical Discount Tables and (2) **hold a university degree** in a field of psychology. If your country falls into Group 6 in the tables below and you are unable to pay the discounted rate, we welcome you to call for information about applying for a need-based scholarship.

GROUP 1 – 10% Discount

Andorra	Gibraltar	Macau
Australia	Greenland	Monaco
Austria	Guernsey	Netherlands
Bahamas	Hong Kong	Norway
Belgium	Hawaii (US State)	Qatar
Bermuda	Iceland	San Marino
British Virgin Islands	Ireland	Singapore
Brunei	Isle of Man	South Korea
Canada	Israel	Spain
Cayman Islands	Italy	Sweden
Denmark	Japan	Switzerland
Falkland Islands	Jersey	Taiwan
Finland	Kuwait	United Arab Emirates
France	Liechtenstein	United Kingdom
Germany	Luxembourg	

GROUP 2 – 20% Discount

Aruba	Faroe Islands	Poland
Bahrain	Greece	Portugal
Barbados	Hungary	Saudi Arabia
Cyprus	Lithuania	Seychelles
Czech Republic	Malta	Slovakia
Equatorial Guinea	New Zealand	Slovenia
Estonia	Oman	Trinidad and Tobago

GROUP 3 – 30% Discount

Antigua and Barbuda	French Polynesia	Mexico
Argentina	Gabon	New Caledonia
Belarus	Guam	Puerto Rico
Botswana	Latvia	Russia
Chile	Lebanon	Saint Kitts and Nevis
Croatia	Malaysia	Saint Maarten
Curaçao	Mauritius	Uruguay

GROUP 4 – 40% Discount

Anguilla	Iran	Saint Lucia
Brazil	Kazakhstan	Saint Vincent
Bulgaria	Libya	South Africa
Costa Rica	Montenegro	Turkey
Dominica	Northern Mariana Islands	Turks and Caicos Islands
Grenada	Panama	US Virgin Islands
Grenadines	Romania	Venezuela

GROUP 5 – 50% Discount

American Samoa	Cuba	Montserrat
Azerbaijan	Dominican Republic	Palau
Belize	East Timor	Peru
Bosnia and Herzegovina	Ecuador	Serbia
China	Jamaica	Suriname
Colombia	Republic of Macedonia	Thailand
Cook Islands	Maldives	Tunisia

GROUP 6

Option 1: Online Registration Now – 65% Discount

Option 2: If your country falls into Group 6 and you are unable to pay the discounted rate, please call us at +1 215 844 4321 to apply for a need-based scholarship.

Afghanistan	Haiti	Republic of the Congo
Albania	Honduras	Rwanda
Algeria	India	Saint Helena, Ascension and Tristan da Cunha
Angola	Indonesia	Saint Pierre and Miquelon
Armenia	Iraq	Samoa
Bangladesh	Jordan	São Tomé and Príncipe
Benin	Kenya	Senegal
Bhutan	Kiribati	Sierra Leone
Bolivia	Korea, North	Solomon Islands
Burkina Faso	Kosovo	Somalia
Burma	Kyrgyzstan	Sri Lanka
Burundi	Laos	Sudan & South Sudan
Cambodia	Lesotho	Swaziland
Cameroon	Liberia	Syria
Cape Verde	Madagascar	Tajikistan
Central African Republic	Malawi	Tanzania
Chad	Mali	Togo
Comoros	Marshall Islands	Tokelau
Côte d'Ivoire	Mauritania	Tonga
Democratic Rep. of the Congo	Moldova	Turkmenistan
Djibouti	Mongolia	Tuvalu
Egypt	Morocco	Uganda
El Salvador	Mozambique	Ukraine
Eritrea	Namibia	Uzbekistan
Ethiopia	Nauru	Vanuatu
Federated States of Micronesia	Nepal	Vietnam
Fiji	Nicaragua	Wallis and Futuna
Gambia	Niger	West Bank and Gaza
Georgia	Nigeria	Western Sahara
Ghana	Niue	Yemen
Guatemala	Pakistan	Zambia
Guinea	Papua New Guinea	Zimbabwe
Guinea-Bissau	Paraguay	
Guyana	Philippines	

COURSE WITHDRAWAL & PAYMENT POLICIES

Course Withdrawal Policy for Academic Term Courses:

Academic Term Courses are courses that meet over the span of several months on a biweekly or monthly basis. Tuition is composed of (i) a deposit, which must be paid at the time of registration, and (ii) installments, which may be paid according to the schedule described in the course brochure.

- (a) If participant withdraws prior to four weeks before the first day of a course, then participant will receive a refund of the paid deposit and installments, minus a \$50 withdrawal fee.
- (b) If participant withdraws within four weeks of the first day of a course, but earlier than one week before the first day, then participant will receive a refund of paid installments and a credit in the amount of the paid deposit to be applied to future training or supervision at the center, minus a \$50 withdrawal fee.
- (c) If participant withdraws within one week before the first day of a course or on the first day of a course, then participant will receive a refund of paid installments and a credit in the amount of the paid deposit to be applied to future training or supervision at the center, minus a \$100 withdrawal fee.
- (d) Following the first day of a course, participant is committed from completing the course, and participant is responsible for payment of full yearly course tuition. Full course tuition is not reduced on account of absences; however, participant may attend missed classes with no charge during the next time that the class is offered in the recurring cycle of the curriculum.
- (e) A late fee will be assessed for past-due balances and late payments. See our payment plan brochure for details.

Course Withdrawal Policy for Short Term Courses:

Short Term Courses are courses and seminars that meet over the span of one to five contiguous days. Tuition is composed of (i) a deposit, which must be paid at the time of registration, and (ii) installments, which may be paid according to the schedule described in the course brochure.

- (a) If participant withdraws prior to four weeks before the first day of a course, then participant will receive a refund of the paid deposit and tuition, minus a \$50 withdrawal fee.
- (b) If participant withdraws within four weeks of the first day of a course, but earlier than one week before the first day, then participant will receive a refund of paid installments and a credit in the amount of the paid deposit to be applied to future training or supervision at the center, minus a \$50 withdrawal fee.
- (c) If participant withdraws within one week before the first day of a course or on the first day of a course, then participant forfeits either (i) \$150 or (ii) half of the paid deposit and installments, whichever is greater, and will receive a credit in the amount the remaining paid deposit and installments.
- (d) Following the first day of a course, participant is committed to completing the course, and participant is responsible for payment of full course tuition. Full course tuition is not reduced on account of absences.
- (e) A 1% late fee for past-due balances will be assessed at the end of each month, based on the amount past due on the last day of the month.

Payment Plan for Academic Term Courses

The Family Center offers a payment plan for Academic Term Courses. Upon registration for the course, registrant pays the deposit. The tuition balance can be paid either in 8 monthly installments starting on September 1, or in a one-time payment on September 1 (or upon registration, whichever date is later). The installment plan is charged by the Center in our administrative office and there is no extra fee for this plan.

QUESTIONS?

If you have any questions, please call us in the office at +1 215 844 4321 ext 1.
Thank you!

**Family & Play Therapy Center
6811 Quincy Street
Philadelphia, PA 19119**

Tel: +1 215 844 4321

Fax: +1 215 844 8877

Web: www.fptcenter.com

Email: workshops@fptcenter.com