The 12-Hour Course Postgraduate Training offers an essential framework for the Advanced Child Development Course, a 96-hour course offered over the course of two years, meeting every other Friday morning from September through June. The Advanced Child Development Course will be starting a new year in September 2012. This course emphasizes the emotional growth of children from birth through twelve years of age, with the primary focus on understanding the impact of early development on a child who comes to therapy at an older age and strengthens parent-child interview skills. This is a child development course, and it is filtered through the eyes of a family/play therapist. It includes 20 hours of supervision in small groups and 8 sessions observing live sessions of mothers and babies to see the therapy come alive and much more! This course has been approved for continuing education by the Association for Play Therapy (APT) and the PA Board of Social Workers, Marriage & Family Therapists, and Professional Counselors. The course helps therapists to acquire child development credit and many of the 150 hours required for the APT’s Registered Play Therapist status. You can see the brochure online at www.fptcenter.com or call the office for more information.

Dottie Higgins-Klein, LMFT, RPT-S, AAMFT-S received her Master of Family Therapy from Hahnemann University. She is a supervisor of the American Association of Marriage and Family Therapy (AAMFT) and a registered play therapist supervisor for the Association for Play Therapy (APT). Dottie has spent the last 30 years combining the fields of play and family therapy. She has synthesized the best of both fields into a creative approach, Mindfulness-Based Play-Family Therapy, which is described in her forthcoming book, Mindfulness-Based Play-Family Therapy: Theory & Practice. The family therapy aspect cares about each family member and his or her extended world. (including Contextual Family Therapy of Ivan Nagy). The play therapy aspect allows a particular child to address his or her needs, symptoms or problems in individual sessions. The Play Therapy Component engages the child of 3 to 11 or 12 years old through imagination in play, including directed or non-directed play therapy. Mindfulness-Based Play-Family Therapy can be inclusive of many modalities of play therapy, including client-centered play therapy and existential play therapy. This allows the child to tap into his or her own intuitive healing powers, similar to the value of meditation or even EMDR. When therapists train and understand Play Therapy, they gain a powerful tool that allows them to help children not only to relieve symptoms but also to heal.

September 2012: The 12-Hour Course plus Supervision

### CREDIT HOURS AVAILABLE

<table>
<thead>
<tr>
<th>Training</th>
<th>Hrs.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Play-Family Therapy Certificate Program -- Training Hrs.</td>
<td>12 hr.</td>
</tr>
<tr>
<td>Play-Family Therapy Certificate Program -- Group Supervision</td>
<td>3 hr.</td>
</tr>
<tr>
<td>PA Social Work Board for LSW, LMFT, &amp; LPC**</td>
<td>12 hr.</td>
</tr>
<tr>
<td>Association for Play Therapy*** -- Play Therapy Specific</td>
<td>12 hr.</td>
</tr>
<tr>
<td>Certification renewal for the American Nurses Credentialing Center</td>
<td>12 hr.</td>
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#### DISCOUNTS

- **Early Reg. Disc.* (Reg. by 08/08): $25 discount**
- **Full-Time Student: 10% discount**
- **Full-Time Parent: 10% discount**
- **Retirement Discount: 10% discount**

#### TUITION

- **Deposit Due w/ Reg.** 150.00
- **Due 09/01/12** 250.00
- **TOTAL** $400.00

Other payment arrangements are available. Please call for more information.

#### DISCOUNTS

<table>
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<tr>
<th>Number of Participants</th>
<th>2</th>
<th>4</th>
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<tbody>
<tr>
<td>Discount</td>
<td>10%</td>
<td>20%</td>
<td>30%</td>
<td>40%</td>
<td>50%</td>
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</table>

The Family & Play Center is approved by the Association for Play Therapy to offer continuing education specific to play therapy. Our provider number is 96-030. The Family & Play Therapy Center maintains responsibility for the program.

Course Withdrawal & Payment Policies:

1. If participant withdraws within four weeks prior to the first day of a course, then participant will receive a full refund of the paid deposit, minus a $25 withdrawal fee.
2. If participant withdraws within four weeks before the first day of a course (but earlier than one week prior to the first day), then participant will receive a full credit in the amount of the paid deposit to be applied to future courses and seminars at the center, minus a $25 withdrawal fee.
3. If participant withdraws within one week before the first day of a course, then the deposit is forfeited.
4. Following the first day of a course, all payments are due as scheduled, and participant is responsible for payment of entire course tuition. Tuition is not reduced on account of missed class days.
5. A 1% late fee for past-due balances will be assessed at the end of each month, based on the amount past due on the last day of the month.

To register, please call us at +1 215 844 4321 ext. 1.

We accept payment by Visa, MasterCard, Discover, and American Express, as well as by check.
The 12-Hour Course

All three classes include didactic and experiential learning, led by Dottie Higgins Klein and other experienced therapists who have been trained in this method. This course focuses on the trauma of a boy who accidentally severed his hand and how he healed his trauma through Mindfulness-Based Play-Family Therapy. Three full videos of his play will be used to demonstrate the beginning, middle and end of the play therapy on each of the three days of the training, which includes both theory and experiential learning methods. The family involvement in the treatment will also be covered. There are many handouts included in each class.

Course Outline

I. Power Point Presentation
* 9 components of Mindfulness-Based Play-Family Therapy (MBPFT)
* 4 Segment Evaluation upon meeting the family
* 6 Stages of MBPFT

II. Taking A Developmental History

III. Demonstration of Using Genograms
* to gather family history including attachment information.

IV. Interactive Viewing of Three Videos
* the value of symbols in the play therapy including sand play therapy
* understanding the metaphors of the play
* recognizing what each stage of play therapy looks like through full videos with particular emphasis on healing of trauma in the Deeper Awareness/Meditative Stage
* demonstration of the language & silence of Mindfulness-Based Play-Family Therapy

V. Talk Time
* A parent child interaction prior to the child’s play therapy (includes video)

VI. Mindful Parenting
* Theory and practice of the Mindful Parenting Meetings (held after 4 sessions of play therapy)

VII. Weaving It All Together™
* An introduction of how to weave together the child development information, play therapy, parent child interaction, mindful parenting and family history and when applicable, adult therapy.

Note: The integration in section VII is a major part of the content of the 2 year, 3 hour training, every other Friday, Sept. to May (Saturday in Japan, Australia) – the Advanced Child Development Course with Mindfulness-Based Play-Family Therapy (ACDC). It is available World Wide and this course (either onsite or online) meets the prerequisite.

Counts Toward RPT Status!

This course fulfills the following requirements for Registered Play Therapist (RPT) status and Registered Play Therapist Supervisor (RPT-S) status with the Association for Play Therapy (APT):

• 12 of the 150 required hours of Education
• 3 of the 35 required hours of supervision in Play Therapy by an approved APT supervisor

This course satisfies the prerequisite for the 2-year Advanced Child Development Course with Mindfulness-Based Play-Family Therapy.

Web-Based Face-to-Face Group Supervision

Group supervision will be organized after participants register for the course – You will sign up for a three-hour session with 5 participants. People will be invited to present a case study or to observe. This experience allows you to apply the training to your unique setting. Supervision is led by Dottie Higgins-Klein or RPT-S therapists who have studied at the center for at least ten years.

Importance of Ongoing Supervision

We recommend that all Play-Family Therapists continue with supervision at least one individual hour or two group hours per month. This can happen as part of the Advanced Child Development Course.

Required Reading


Some comments from workshop participants:

“The videos were the most helpful b/c it was an opportunity to see play therapy put into practice. I was impressed by the metaphors and strong connections drawn from the case video.”

“This model resonates with my learning thus far, my experience as a mom, and as a clinician. I am enriched. I am fascinated. I am thirsty for more. — being still with traumatized children can be depleting & isolating. This was nourishing.”

“I valued the 4 evaluation session structure and the importance of genogram component — good reminder to trust process and the talk of metaphors was very helpful—appreciate helping therapist to paying attention to understanding the whole framework — very grounding.”

“Understanding how to just be with the child and not being so focused on needing to do and say something. Trusting the child to work through their process and us to witness it.”