

Sandtray Play Therapy — A Mindful Approach

List of Courses (Courses may be taken in any order.)

- **SPT 501: Sandtray Play Therapy with Children Ages 3 to 12**
- 29 hr. Training
- **SPT 502: Sandtray Play Therapy with Teens & Adults**
- 29 hr. Training
- **SPT 701: Relational Sandtray Play Therapy Applications**
for working with two or more family members
- 20 hr. Training
- **SPT 702: Sandtray Play Therapy Using Focusing**
- 20 hr. Training
- **SPT 703: Mindfulness Meditation Retreat —
Creating Your Own Trays**
- 12 hr. Training, including some Personal Sandtray credit

Courses may be taken individually or as part of the certificate program.
See Sandtray Course Brochures for course details!

Certificate Program Requirements

- **Certificate for Sandtray with Children and Families (90 hr.)**
Required Courses: 501, 701, 702, and 20 hr. of Seminars
Required Supervision: 12 hr. Group & 8 hr. Individual
Add'l Requirements: 12 Personal Sandtrays & a 3-page Case Study
- **Certificate for Sandtray with Teens and Adults (90 hr.)**
Required Courses: 502, 701, 702, and 20 hr. of Seminars
Required Supervision: 12 hr. Group & 10 hr. Individual
Add'l Requirements: 15 Personal Sandtrays & a 3-page Case Study
- **Certificate for Sandtray with Children, Teens,
Adults, & Families (120 hr.)**
Required Courses: 501, 502, 701, 702, and 20 hr. of Seminars
Required Supervision: 20 hr. Group & 10 hr. Individual
Add'l Requirements: 15 Personal Sandtrays & a 3-page Case Study

Notes: Completed certificates will reflect hours of training and supervision beyond the minimum requirements, including relevant Advanced Seminars taken at the Center. • Certificate requires individually made personal sandtrays. Trays that are done in class or during the Mindfulness Meditation Retreat will count toward this requirement. • Each certificate requires 10 hours of Individual Supervision with one case study, including a series of adult or child trays. • **All required courses may be taken through our Interactive Live Online Classroom (iLOC), as well as onsite in Philadelphia, using our three fully equipped sandtray rooms.**

See Sandtray Course Brochures with updated dates, fees, and course feedback on our website:
www.fptcenter.com

Interactive Live Online Classroom (iLOC)

Therapists taking a sandtray course live online need to join the class with at least one other therapist. SPT 501 attendees need a partner for 3 of the 10 classes. SPT 502 participants need a partner for 4 of the 10 classes. If partners are together and share the same internet connection, then there is an additional 10% discount. It is preferable to have a partner onsite with you; however, if you do not have a partner, we will help connect you to another therapist, and you will complete this part of the training with your partner online through live webconferencing. Participants also need a basic set of at least 200 miniatures and one sandtray.

Program Director

Dottie Higgins-Klein,
LMFT, RPT-S, AAMFT Supervisor

Dottie began practicing mindfulness meditation in 1987, in a course with John Welwood called 'Psychotherapy as a Meditative Process'. Following the framework that she learned over many years, she combines mindfulness with sandtray theory and practice. Dottie has been teaching postgraduate sandtray courses for the past 14 years, and she is a student of Tibetan and Zen Buddhism. Dottie's book, *Mindfulness Based Play-Family Therapy: Theory and Practice* (Norton, 2013), codifies the theory for this program. Dottie is the Director of the Family & Play Therapy Center.

Family & Play Therapy Center
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Philadelphia, PA 19119

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www.fptcenter.com

Sandtray Play Therapy Certificate Program

*A Training Program for Psychotherapists in
Sandtray Play Therapy — A Mindful Approach*



Join us live from anywhere through
our Interactive Live Online Classroom!

*** APT Contact Hours ***

AVAILABLE CONTINUING EDUCATION CREDITS:

- *PA Social Work Board for LSW, LMFT, & LPC*
- *Association for Play Therapy -- Play Therapy Specific*
- *American Nurses Credentialing Center*

*Courses can be taken individually
or as part of the certificate program.*

See Course Feedback from past classes on our website:
www.fptcenter.com

What is Sandtray Play Therapy?

Sandtray Play Therapy — A Mindful Approach is a bodymind approach that integrates sandtray theory with mindfulness meditation principles, which nurture conscious awareness of a person's whole-life experience. The benefits of mindfulness meditation have been widely researched: an important instance is the work of Jon Kabat Zinn at the Stress Reduction Clinic of the University of Massachusetts Medical School. Current research literature on how the brain functions in regard to trauma and attachment is



strongly indicating the psychotherapeutic value of a practice that develops somatic awareness and affect modulation, by using techniques that access the intuitive wisdom that is informed by the body. These advances of understanding in the field of Interpersonal Neurobiology are presented in the writings of Badenoch, Ogden, Briere, Levine, McFarlane, Orloff, Schore, Shapiro, Siegel, Perry, van der Kolk, James, and others.

This body-mind approach is concerned with being fully in the present moment. (Stern, Tolle) It can appreciate a cognitive, behavioral perspective but takes the experience to a deeper and more holistic level of healing. In Sandtray Play Therapy, the therapist/client relationship, which is key to any successful psychotherapy, is grounded on respect for the conscious, pre-conscious, and unconscious factors of each lived experience as it unfolds. Sandtray, play therapy, art therapy, and focusing are recommended sensory modalities for healing trauma. Each of these provides a simple yet profound way to be with people through the joys and pains of living.

“ This confluence of sensory streams [...that take place in the brain during Sandplay...] may partially account for immediate richness of the experience.

—Bonnie Badenoch*

”

“ Sandplay demonstrates a remarkable ability to pull the brain together.

—Bonnie Badenoch*

”

An Overview of the 5 Core Courses

SPT 501: Sandtray Play Therapy with Children Ages 3 to 12

Engaging in pretend sandtrays and learning: 1) use of language that allows the child to go more deeply into the unconscious; 2) how to understand metaphoric language; and 3) how to interpret the meaning of the imaginative sandtray for parents.

SPT 502: Sandtray Play Therapy with Teens and Adults

Emphasis on the client-therapist dialogue to inform the main meaning of the sandtrays while de-emphasizing the therapist's interpretations. There can be both verbal and non-verbal components.

SPT 701: Relational Sandtray Play Therapy Applications

This course covers many creative applications of Sandtray Play Therapy and invites the deeper relational expression of two or more clients. Directed trays can be adapted to two or more family members of various ages and generations, e.g., child and parent, teen and parent, couples, two siblings, adult and parent.

SPT 702: Sandtray Play Therapy Using Focusing for Children, Teens, and Adults

The experience of Sandtray with Focusing (Gendlin) accesses body wisdom, the “felt-sense” that can be blocked by thinking too hard. This is an experiential component that allows therapists to learn the deeper meanings of sandtray making. Gendlin is the pioneer who initiated emotionally focused psychotherapy in the 1970s.

SPT 703: Mindfulness Meditation Retreat — Creating Your Own Sandtrays

Creating your own sandtrays. Focuses on the self of the therapist and mindfulness meditation.

See course brochure for more details!

“ It is helpful to consider how sandplay with children is different from the experience with adults.

—Bonnie Badenoch*

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Sand Analysis Component

This component emphasizes how to be with a client's sandtray in a mindful way, so that the tray's deeper meanings are revealed from the inside out. Dottie was introduced to these techniques through years of study with the prolific author and Buddhist psychologist John Welwood, and she adapted these techniques to sandtray. The collective experience is both valuable and enjoyable and gives the participants an exponential increase in their understanding of metaphors. Therapists also learn how to differentiate between the chronological age and the developmental age of the tray maker, how to be aware of projections, as they arise, and to tame them, and how to use their initial interpretation of a client's sand tray by transforming it into a mindfully discerned question or comment that may be posed to help clarify the client's own understanding of it.

Sand Analysis Component

Additional supervision of your clients' sandtrays is part of the certificate program. These hours can be received onsite or online with Dottie Higgins-Klein or therapist supervisors who have taken the Mindfulness Based Sandtray Trainings at the Family & Play Therapy Center since 2001.

Individual or Group Sandtray Supervision, using live two-way video conferencing, is available as well as a monthly or biweekly individual sandtray process.

Sandtray/Sandplay Seminars

Seminars authors include prominent authors and are usually 6 hours long. Seminar hours taken with prominent authors of sandtray books at other locations can count toward our certificate.

“ The Sandplayer is assembling a largely right-brained narrative often based in implicit previously non-conscious themes. The interpersonal system of empathy with the therapist is strongly activated.

—Bonnie Badenoch*

”

Qualities of Mindfulness-Based Sandtray Therapy

- *Emphasis on learning to trust the experience of the sacred silence of the sandtray.*
- *Methods that unfold more of the meanings that the child, teen, or adult intends in his or her sandtray, while subordinating the therapist's interpretations.*
- *Appreciating the body/mind, intuitive/somatic approach to work with depression, anxiety, trauma, attachment, and intrapsychic and family-related issues.*

* Badenoch, Bonnie. *Being a Brain-Wise Therapist: A Practical Guide to Interpersonal Neurobiology*. New York: W. W. Norton & Company, 2008.

SPT 501: Sandtray Play Therapy with Children Ages 3 to 12 — A Mindful Approach

- Dates:** Tuesdays once a month, October 2014–June 2015
2014: 10/28, 11/25, 12/16 // **2015:** 1/27, 2/24, 3/24, 4/28, 5/19, 6/16
- Time:** 9:15 AM–12:30 PM ET; 6:15–9:30 AM in California; early afternoon in UK & Ireland; early evening in India & Russia; late night/early morning in Australia & Japan
- Location:** ONSITE in Philadelphia & ONLINE through our Interactive Live Online Classroom (iLOC)
- Instructor:** Dottie Higgins-Klein, LMFT, RPT-S, AAMFT Supervisor
- Tuition:** \$900 (*See payment and deposit information below.*)

Course Overview

Sandtray Play Therapy — A Mindful Approach integrates sandtray theories with mindfulness meditation within the theory of play therapy, which is a practice that nurtures conscious awareness of a person's whole-life experience. This method of sandtray work reinforces the development, in therapy clients, of somatic awareness and affect modulation, body-mind processes which are strongly supported, by current research literature in the field of Interpersonal Neurobiology, as being of great value for healing trauma and for personal integration. Sandplay has a “notable ability to awaken and then regulate right-brain limbic processes and can make it a powerful way to address painful, fearful, dissociated experiences.” (from *Being a Brain-Wise Therapist: A Practical Guide to Interpersonal Neurobiology*, by Bonnie Badenoch)

Course Highlights

- Competence in creating sand pictures, sand stories, and mindful silence – includes experiential learning
- Directed trays – as used in the initial evaluation meeting the family
- Spontaneous trays – in imagination (can be used working with all ages)
- Structured trays for use with ADHD and Developmental delays
- Group supervision experience sharpens metaphor skill and helps therapist to sense the chronological and developmental ages that are manifesting in the architecture of the trays.

Note: Courses can be taken individually or as part of the Sandtray Certificate Program. See Certificate Brochure and Participant Feedback from past classes on our website: www.fptcenter.com. The courses for children, adults, and relational family groups are grounded in different methodologies and may therefore be taken in any order unless otherwise noted. The courses can be attended in person at the center or online from anywhere in the world, through our Interactive Live Online Classroom (iLOC). As these are training courses rather than observation workshops, those joining us for class online will need a partner for three (Sandtray 501) or four (Sandtray 502) of the classes in order to properly experience the process of sandtray. If partners are together at the same site and share an internet connection, then there is an additional 10% discount. If you are not able to find a partner, we will help to connect you to another online class member, and you will complete this portion of the training with your partner through live webconferencing.

Required Reading

- *Sandtray: A Practical Manual (revised 2010)*, by Linda Homeyer and Daniel Sweeney
 - *Mindfulness-Based Play-Family Therapy: Theory & Practice*, by Dottie Higgins-Klein (Norton, 2013)
- The method of Sandtray Play Therapy presented in this course is rooted in the theoretical frameworks of Contextual Family Therapy and Mindfulness-Based Play-Family Therapy.

Recommended Reading

- *Doing Contextual Therapy*, by Peter Goldenthal



Prerequisites

Sandtray Play Therapy courses may be taken in any order. Participants in the United States must hold a graduate degree or be currently enrolled in graduate school in a related field. Participants outside the United States must have or be in the process of acquiring the appropriate credentials for practicing mental health services in their country.

Instructor

Dottie Higgins-Klein, LMFT, RPT-S, AAMFT Supervisor, received her Master of Family Therapy degree from Hahnemann University (now Drexel University). She is a Supervisor for the American Association of Marriage and Family Therapy (AAMFT) and a Registered Play Therapist Supervisor for the Association for Play Therapy (APT). Dottie began practicing mindfulness meditation in 1987 in a course with John Welwood called 'Psychotherapy as a Meditative Process'. Having followed the framework that she learned over many years, including Focusing, she combines Mindfulness with Sandtray theory and practice and has been teaching sandtray post-graduate courses for the past 14 years. She is a life student of Tibetan and Zen Buddhism. Dottie is the clinical and administrative director of the Family & Play Therapy Center and author of *Mindfulness Based Play-Family Therapy: Theory and Practice* (Norton, 2013). A summary of the book chapters is available on our website.

See the "Brochures" page of our website for information about our Certificate Program in Sandtray Play Therapy — A Mindful Approach

www.fptcenter.com

SPT 501: Sandtray Play Therapy with Children Ages 3 to 12 — A Mindful Approach

	TUITION		CREDIT HOURS AVAILABLE													
	Deposit Due w/ Reg. 225.00		Sandtray Play Therapy Certificate Program	29 hr.												
	9 monthly payments 75.00 <i>(Sept. 1, 2014–May 1, 2015)</i>		PA Social Work Board for LSW, LMFT, & LPC*	29 hr.												
	TOTAL \$900.00		Association for Play Therapy** -- <i>Play Therapy Specific</i>	29 hr.												
DISCOUNTS	Early Reg. Disc. (by 6/30): \$50 discount		Certification renewal for the American Nurses Credentialing Center	29 hr.												
	Full-Time Student: 10% discount															
	Full-Time Parent: 10% discount															
	Retirement Discount: 10% discount															
	Geographical Discounts: See registration details online!															
	iLOC Online Group Discounts															
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Course Withdrawal & Payment Policies: (a) If participant withdraws earlier than four weeks prior to the first day of a course, then participant will receive a full refund of the paid deposit, minus a \$25 withdrawal fee. (b) If participant withdraws within four weeks before the first day of a course (but earlier than one week prior to the first day), then participant will receive a full credit in the amount of the paid deposit to be applied to future courses and seminars at the center, minus a \$25 withdrawal fee. (c) If participant withdraws within one week before the first day of a course, then the deposit is forfeited. (d) Following the first day of a course, all payments are due as scheduled, and participant is responsible for payment of entire course tuition. Tuition is not reduced on account of missed class days. (e) A 1% late fee for past-due balances will be assessed at the end of each month, based on the amount past due on the last day of the month.																

The Family & Play Therapy Center is approved by the Association for Play Therapy to offer continuing education specific to play therapy. Our provider number is 96-030. The Family & Play Therapy Center maintains responsibility for the program.



SPT 502: Sandtray Play Therapy with Teens and Adults — A Mindful Approach

- Dates:** Tuesdays once a month, October 2015–June 2016
- Time:** 9:15 AM–12:30 PM ET; 6:15–9:30 AM in California; early afternoon in UK & Ireland; early evening in India & Russia; late night/early morning in Australia & Japan
- Location:** ONSITE in Philadelphia & ONLINE through our Interactive Live Online Classroom (iLOC)
- Instructor:** Dottie Higgins-Klein, LMFT, RPT-S, AAMFT Supervisor
- Tuition:** \$900 (*See payment and deposit information below.*)

Course Overview

Sandtray Play Therapy — A Mindful Approach integrates sandtray theories with mindfulness meditation within the theory of play therapy, which is a practice that nurtures conscious awareness of a person's whole-life experience. This method of sandtray work reinforces the development, in therapy clients, of somatic awareness and affect modulation, body-mind processes which are strongly supported, by current research literature in the field of Interpersonal Neurobiology, as being of great value for healing trauma and for personal integration. Sandplay has a “notable ability to awaken and then regulate right-brain limbic processes and can make it a powerful way to address painful, fearful, dissociated experiences.” (from *Being a Brain-Wise Therapist: A Practical Guide to Interpersonal Neurobiology*, by Bonnie Badenoch)

Course Highlights

The theory of Sandtray Play Therapy with teens and adults is different from that of sandtray with children. SPT is a supplement to most traditional kinds of talking therapy and allows clients to communicate verbally and non-verbally to express deeply the resource side and trauma side of life pain. Many teens and adults are willing to communicate more easily and profoundly through the symbolic miniatures. The course can be taken before, after, or concurrently with Sandtray 501. Presentation of theory and practice — the goal is to learn how to work through presenting problems with clients of all ages, in ways that accomplish root-level healing.

- Value of sand pictures, sequence of trays, mindful silence, and mindful dialogue
- Spontaneous trays — reality based
- Structured Trays — reality based
- How to understand trays without interpreting
- How to transform the therapist's projections into mindful questions or observations
- The 'safe and protected' space of a mindful approach for many issues including deeper somatic healing of anxiety, depression, trauma, and attachment issues

Note: Courses can be taken individually or as part of the Sandtray Certificate Program. See Certificate Brochure and Participant Feedback from past classes on our website: www.fptcenter.com. The courses for children, adults, and relational family groups are grounded in different methodologies and may therefore be taken in any order unless otherwise noted. The courses can be attended in person at the center or online from anywhere in the world, through our Interactive Live Online Classroom (iLOC). As these are training courses rather than observation workshops, those joining us for class online will need a partner for three (Sandtray 501) or four (Sandtray 502) of the classes in order to properly experience the process of sandtray. If partners are together at the same site and share an internet connection, then there is an additional 10% discount. If you are not able to find a partner, we will help to connect you to another online class member, and you will complete this portion of the training with your partner through live webconferencing.

Required Reading

- *Sandplay: The Sacred Healing*, by Kate Amatruda & Phoenix Helen Simpson
 - *Mindfulness-Based Play-Family Therapy: Theory & Practice*, by Dottie Higgins-Klein (Norton, 2013)
- The method of Sandtray Play Therapy presented in this course is rooted in the theoretical frameworks of Contextual Family Therapy and Mindfulness-Based Play-Family Therapy.

Recommended Reading

- *Doing Contextual Therapy*, by Peter Goldenthal



Prerequisites

Sandtray Play Therapy courses may be taken in any order. Participants in the United States must hold a graduate degree or be currently enrolled in graduate school in a related field. Participants outside the United States must have or be in the process of acquiring the appropriate credentials for practicing mental health services in their country.

Instructor

Dottie Higgins-Klein, LMFT, RPT-S, AAMFT Supervisor, received her Master of Family Therapy degree from Hahnemann University (now Drexel University). She is a Supervisor for the American Association of Marriage and Family Therapy (AAMFT) and a Registered Play Therapist Supervisor for the Association for Play Therapy (APT). Dottie began practicing mindfulness meditation in 1987 in a course with John Welwood called 'Psychotherapy as a Meditative Process'. Having followed the framework that she learned over many years, including Focusing, she combines Mindfulness with Sandtray theory and practice and has been teaching sandtray post-graduate courses for the past 14 years. She is a life student of Tibetan and Zen Buddhism. Dottie is the clinical and administrative director of the Family & Play Therapy Center and author of *Mindfulness Based Play-Family Therapy: Theory and Practice* (Norton, 2013). A summary of the book chapters is available on our website.

See the "Brochures" page of our website for information about our Certificate Program in Sandtray Play Therapy — A Mindful Approach
www.fptcenter.com

SPT 502: Sandtray Play Therapy with Teens and Adults — A Mindful Approach

TUITION	Deposit Due w/ Reg. 225.00	CREDIT HOURS AVAILABLE													
	9 monthly payments 75.00 <i>(Sept. 1, 2013–May 1, 2014)</i>														
	TOTAL \$900.00	Sandtray Play Therapy Certificate Program 29 hr.	PA Social Work Board for LSW, LMFT, & LPC* 29 hr.												
DISCOUNTS	Early Reg. Disc.: \$50 discount	Association for Play Therapy** -- <i>Play Therapy Specific</i> 29 hr.	Certification renewal for the American Nurses Credentialing Center 29 hr.												
	Full-Time Student: 10% discount														
	Full-Time Parent: 10% discount														
	Retirement Discount: 10% discount														
	Geographical Discounts: See registration details online!														
	iLOC Online Group Discounts	* PA Social Work Board CEs transfer to many other states. Check with your state social work board. No fee for PA SW CEs. ** We are an approved provider for the Association for Play Therapy (#96-030). The Play Therapy Specific hours for this course are listed above. Those joining us through our Interactive Live Online Classroom (iLOC) receive APT contact hours.													
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The Family & Play Therapy Center is approved by the Association for Play Therapy to offer continuing education specific to play therapy. Our provider number is 96-030. The Family & Play Therapy Center maintains responsibility for the program.



SPT 702: Sandtray Play Therapy Using Focusing for Children, Teens, and Adults

- Dates:** Thursday, June 19 to Saturday, June 21, 2014
- Time:** 9:00 AM–5:30 PM ET; 6:00 AM–2:30 PM in California; starts early afternoon in UK & Ireland; early evening in India & Russia; late night/early morning in Australia & Japan
- Location:** ONSITE in Philadelphia & ONLINE through our Interactive Live Online Classroom (iLOC)
- Instructor:** Dottie Higgins-Klein, LMFT, RPT-S, AAMFT Supervisor
- Tuition:** \$400 (*See payment and deposit information below.*)

Course Overview

Sandtray Play Therapy integrates sandtray theories with mindfulness meditation, which is a practice that nurtures conscious awareness of a person's whole-life experience. This method of sandtray work reinforces the development, in therapy clients, of somatic awareness and affect modulation, body-mind processes which are strongly supported, by current research literature in the field of Interpersonal Neurobiology, as being of great value for healing trauma and for personal integration. Sandtray has a “notable ability to awaken and then regulate right-brain limbic processes and can make it a powerful way to address painful, fearful, dissociated experiences.” (from *Being a Brain-Wise Therapist: A Practical Guide to Interpersonal Neurobiology*, by Bonnie Badenoch)

Course Highlights

Includes training in the use of Focusing, which is a somatic, contemplative experience of the inner landscape, developed by Eugene Gendlin. In addition to some trainings with Gendlin, Dottie trained in focusing for six years with author, John Welwood, PhD, who combines East-West spirituality and psychology, and with a group of therapists working in these approaches. She has used Focusing in her practice for over twenty years.

Focusing will be combined with sandtray therapy for adults and adolescents. The form of Focusing in this course is applicable to working with children, especially in Talk Time.

Gendlin, a pioneer in the field of somatic therapy was honored three times by the American Psychological Association for his development of experiential psychotherapy. We use his book *Focusing*, which has sold over 600,000 copies and has been translated into twelve languages. Focusing adds a powerful experience to adult and teen sandtray process and is compatible with EMDR and with recommendations for treatment by Interpersonal Neurobiology (IPNB).

Note: Courses can be taken individually or as part of the Sandtray Certificate Program. See Certificate Brochure and Participant Feedback from past classes on our website: www.fptcenter.com. The courses for children, adults, and relational family groups are grounded in different methodologies and may therefore be taken in any order unless otherwise noted. The courses can be attended in person at the center or online, through our Interactive Live Online Classroom (iLOC). As these are training courses rather than observation workshops, those joining us for class online will need a partner for three (SPT 501) or four (SPT 502) of the classes in order to properly experience the process of sandtray. If partners are together at the same site and share an internet connection, then there is an additional 10% discount. If you are not able to find a partner, we will help to connect you to another online class member, and you will complete this portion of the training with your partner through live webconferencing (similar to Skype).

Required Reading

- ‘The Integrating Power of Sandplay,’ ch. 16 (pp. 220–243) of *Being a Brain-Wise Therapist: A Practical Guide to Interpersonal Neurobiology*, by Bonnie Badenoch
- *Focusing*, by Eugene Gendlin
- *Mindfulness-Based Play-Family Therapy: Theory & Practice*, by Dottie Higgins-Klein (Norton, 2013)

The method of Sandtray Therapy presented in this course is rooted in the theoretical frameworks of Contextual Family Therapy and Mindfulness-Based Play-Family Therapy. The frameworks are covered in the required reading.



Prerequisites

Sandtray Play Therapy courses may be taken in any order. Participants in the United States must hold a graduate degree or be currently enrolled in graduate school in a related field. Participants outside the United States must have or be in the process of acquiring the appropriate credentials for practicing mental health services in their country.

Instructor

Dottie Higgins-Klein, LMFT, RPT-S, AAMFT Supervisor, received her Master of Family Therapy degree from Hahnemann University (now Drexel University). She is a Supervisor for the American Association of Marriage and Family Therapy (AAMFT) and a Registered Play Therapist Supervisor for the Association for Play Therapy (APT). Dottie began practicing mindfulness meditation in 1987 in a course with John Welwood called 'Psychotherapy as a Meditative Process'. Having followed the framework that she learned over many years, including Focusing, she combines Mindfulness with Sandtray theory and practice and has been teaching sandtray post graduate courses for the past twelve years. She is a life student of Tibetan and Zen Buddhism. Dottie is the clinical and administrative director of the Family & Play Therapy Center and author of the recently published book *Mindfulness-Based Play-Family Therapy: Theory and Practice* (Norton, 2013).

SPT 702: Sandtray Play Therapy Using Focusing for Children, Teens, and Adults

TUITION	Deposit Due w/ Reg.	150.00	CREDIT HOURS AVAILABLE													
	Payment due 6/5	250.00														
	TOTAL	\$400.00														
DISCOUNTS	Early Reg. Disc. (by 5/15): \$35 discount		Sandtray Play Therapy Certificate Program	20 hr.												
	Full-Time Student: 10% discount		PA Social Work Board for LSW, LMFT, & LPC*	20 hr.												
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iLOC Online Group Discounts		<small>* PA Social Work Board CEs transfer to many other states. Check with your state social work board. No fee for PA SW CEs. ** We are an approved provider for the Association for Play Therapy (#96-030). The Play Therapy Specific hours for this course are listed above. Those joining us through our Interactive Live Online Classroom (iLOC) receive APT contact hours.</small>														
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Number of Participants	2	4	6	8	10											
Discount	10%	20%	30%	40%	50%											
Course Withdrawal & Payment Policies: (a) If participant withdraws earlier than four weeks prior to the first day of a course, then participant will receive a full refund of the paid deposit, minus a \$25 withdrawal fee. (b) If participant withdraws within four weeks before the first day of a course (but earlier than one week prior to the first day), then participant will receive a full credit in the amount of the paid deposit to be applied to future courses and seminars at the center, minus a \$25 withdrawal fee. (c) If participant withdraws within one week before the first day of a course, then the deposit is forfeited. (d) Following the first day of a course, all payments are due as scheduled, and participant is responsible for payment of entire course tuition. Tuition is not reduced on account of missed class days. (e) A 1% late fee for past-due balances will be assessed at the end of each month, based on the amount past due on the last day of the month.																

The Family & Play Therapy Center is approved by the Association for Play Therapy to offer continuing education specific to play therapy. Our provider number is 96-030. The Family & Play Therapy Center maintains responsibility for the program.



Family & Play Therapy Center COURSE CALENDAR



2014-2015

- MBPFT 402** = Mindfulness-Based Play-Family Therapy with a Major Component in Advanced Child Development (**S**=SPV // **O**=OBS)
- SPT 501** = Sandtray Play Therapy with Children Ages 3 to 12 — A Mindful Approach
- CFT 601** = Introduction to Contextual Family Therapy
- CFT 602** = Nuts and Bolts of Genograms in a Multiethnic and Multicultural World
- CFT 805** = Loyalty and Intergenerational Family Therapy
- SUPERVISOR TRAINING (SPV)** = Becoming a Play Therapy Supervisor: Supervisor Training for Experienced Play Therapists

See www.fptcenter.com
for more information!

September 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	
7	8	9	10	11	12	13
14	15	16	17	18	19 402	20
21	22	23	24	25	26	27
28	29	30				

October 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10 805402	11
12	13	14 601	15	16	17	18
19	20	21	22	23	24 402 s/o	25
26	27	28 501	29	30	31	

November 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6 805402	7	8
9	10	11 601	12	13	14	15
16	17	18	19	20	21 SPV402	22
23	24	25 501	26	27	28	29
30						

December 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				4	5 805402	6
7	8	9 601	10	11	12	13
14	15	16 501	17	18	19 SPV402 s/o	20
21	22	23	24	25	26	27
28	29	30	31			

January 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8 805402	9	10
11	12	13 601	14	15	16	17
18	19	20	21	22	23 SPV402 s	24
25	26	27 501602	28	29	30	31

February 2015

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1	2	3	4	5 805402	6	7
8	9	10 601	11	12	13	14
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March 2015

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April 2015

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19	20	21	22 602	23	24	25
26	27	28 501	29	30 805		

May 2015

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31						805402

June 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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14	15	16 501	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

July 2015

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August 2015

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